

Tearin' Me Up

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Rona Kaye (USA) - May 2019
音樂: Tearing Me Up - Bob Moses : (iTunes, Amazon)



With One Restart/Change of Step

Sequence: A A B B A A A (Restart) A A B B A A

Dance starts after 8 counts, on the vocals:

Part A, 32 Counts:

Step With Hip Roll, Touch Back, Hip Sways x 2 With Holds And Finger Snaps:

- 1-4 Step R Side Hip to Right (1), Roll Hip Around CCW End With Weight On L (2-3), Touch R Toe Behind L (4) 12:00
- 5-8 Step R To Side Right Rolling R Hip To Right & Look To R (5), Snap Fingers Down (6) 12:00 - Shift Weight To L Rolling L Hip To Left Turning 1/8 Turn to Left (7), Snap Fingers Down (8) 10:30

Kick Ball Touch, Step Touch, ¼ Turn Right, Hold, Recover With ½ Turn Left, Step Forward:

- 1 & 2 Kick Right (1), Step On R (&), Slide L Toe To Side Left - 10:30
- 3-4 Step L Home (3), Slide R Toe To Side Right (4) - 10:30
- 5-6 Turn ¼ To Right Transferring Weight To R (5), Hold (6) 1:30
- 7-8 Recover Weight To L Turning ½ To Left (7), Step Forward R (8) 7:30

Touch, Cross, Touch, Triple Forward, Rock Recover Cross With 1/8 Turn Right:

- 1-2 Touch L Toe To Side Left (1), Step L Across The R (2), 7:30
- 3-4 & 5 Touch R Toe To Side Right (3), Triple Step Forward R-L-R (4 & 5) 7:30
- 6-7-8 Rock L To Left As You Turn 1/8 To Right (6), Recover Weight To R (7) Cross L Over R (8) - 9:00

****Restart Here On The THIRD A (In The Second Set Of A's) You Will Have Started This Wall Facing 6:00. Dance up to Count 6 and replace 7 and 8 with the following: On Count (7), Step R To Side Right Turning ¼ To Right To Face Back Wall (6:00), On Count (8) Step Forward L. Begin A Again To 6:00 Wall.

Hinge Turn ¼ x 2 To Left, Step Forward, Full Turn To Right, Pivot ¼ Turn, Step Together:

- 1 Step R Back Turning ¼ To Left (1) 6:00
- 2 Step L Forward Turning ¼ to Left (2) 3:00
- 3 Step R Forward (3), 3:00
- 4 Step L Back Turning ½ To Right (4) 9:00
- 5 Step R Forward Turning ½ To Right (5) 3:00
- 6-7-8 Step L Forward (6), Turn ¼ To Right Taking Big Step R To Right (7), Step L Into R (8) 6:00

End of Part A.

Part B, 32 Counts:

Walks Forward R, L With Holds, Triple Step, Hold:

- 1-2-3-4 Step R Forward, Hold (1-2), Step L Forward, Hold (3-4) 12:00
- 5-6-7-8 Slow Triple Step Forward R-L-R (5-6-7), Hold (8)

Walk, Pivot Turn ¼ To Left Cross, Turn ¼ To Right, Triple ½ Turn To Right, Touch:

- 1-2 Step L Forward (1), Step R Forward (2), 12:00
- 3-4 Turn ¼ to L Transfer Weight To L (3), Cross R Over L (4) 9:00
- 5 Step L Back Turning ¼ To Right -12:00
- 6&7-8 Step R Side Right Turning ¼ To Right (6), Step L Into R (&) 3:00 - Step R Forward Turning ¼ To Right (7), Touch L Into R (8) 6:00

Walks Forward L, R With Holds, Triple Step, Hold:

1-4 Step Forward L, Hold (1-2), Step Forward R, Hold (3-4) 6:00

5-6-7-8 Slow Triple Step Forward L-R-L (5-6-7), Hold (8) 6:00

Walk, Pivot Turn $\frac{1}{4}$ To Left Cross, Turn $\frac{1}{2}$ To Left, Touch, Hold:

1-2 Step R Forward (1), Step L Forward (2), 6:00

3-4 Turn $\frac{1}{4}$ to R Transfer Weight To R (3), Cross L Over R (4) 9:00

5-6-7-8 Step R Back Turning $\frac{1}{4}$ To Left (5), Step L Forward Turning $\frac{1}{4}$ To Left (6) 3:00 - Touch R Toe To L (7), Hold (8) 3:00

End of Part B.

To End The Dance: You will have started A at the back wall.

The dance ends on count 1 of the third 8 count.

Touch the L toe side (1:30) and turn your head left to look front at 12:00 wall.
