

Tell The Truth

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Lynne Martino (USA) - April 2019
音樂: Piensas (Dile la Verdad) (feat. Gente de Zona) - Pitbull



Amazon mp3 download,
alternate music-Para Donde Vas, The Iguanas

Start after 32 cts.

[1-8] 2 WALKS, MAMBO STEP, 2 WALKS, MAMBO STEP

1,2,3&4 Walk forward R, L (1,2), rock R forward (3), recover on L (&), step R next to L (4)

*RESTART-WALLS 4&8 (3:00)change of step, touch R next to L)

5,6,7&8 Walk back L, R (5,6), rock L back (7), recover on R (&), step L next to R (8)

[9-16] 2 TOUCHES, MAMBO STEP, 2 TOUCHES, MAMBO STEP

1,2,3&4 Touch R to right (1), touch R next to L (2), rock R to right side (3), recover on L (&), step R next to L (4)

5,6,7&8 Touch L to left (5), touch L next to R (6), rock L to left side (7), recover on R (&), step L next to R (8)

[17-24] CROSS ROCK, STEP, CROSS ROCK, ¼ STEP, JAZZ BOX

1&2 Cross R over L (1), recover on L (&), step R to right (2),

3&4 Cross L over R (3), recover on R (&), make ¼ turn left stepping L to left side (4)

5-8 Cross R over L (5), step L back (6), step R back (7), step L next to R (8)

[25-32] STEP, 2 HIP BUMPS, STEP 2 HIP BUMPS, TOUCH STEPS

1&2 Step R forward towards 1:00 bumping R hip forward (1), bump R hip back (&), bump R hip forward (2)

3&4 Step L forward towards 11:00 bumping L hip forward (3), bump L hip Back (&), bump L hip forward (4)

5&6&7&8& Touch R (5), step down on R (&), touch L (6), step down on L (&), touch R (7), step down on R (&), touch L (8), step down on L (&)

(You should be gradually move back with these steps)

Restarts: Wall 4 & Wall 8(both at 3:00) Dance the first 4 cts

Walk forward R, L (1,2), rock R forward (3), recover on L (&), TOUCH R next to L - restart

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