

# Station

拍數: 32      牆數: 2      級數: Absolute Beginner  
編舞者: Gabi Ibáñez (ES) - January 2019  
音樂: Ode to the Working Man - Roy Stewart



stepsheet: Paqui Monroy

in the 9 th wall modification, Holds & RESTART +claps

## [1-8] TOE STRUTS (R&L), ROCKING CHAIR (R)

1-2            Touch right toe forward, flatten right foot heel  
3-4            Touch left toe forward, flatten left foot heel  
5-6            Right Rock forward, recover weight on left  
7-8            Right Rock back, recover weight on left

## [9-16] SLOWS SCISSORS, HOLD, (R&L)

1-2            Right Rock to right, left step beside right foot  
3-4            Right Cross over left foot, Hold  
5-6            Left Rock PE to left, right step beside left foot  
7-8            Left Cross over right, Hold

## [17-24] STEP ( R), HOLD, ¼ TURN RIGHT, HOLD ( TWICE)

1-2            Right Stepforward, Hold  
3-4            Turn ¼ to left, Hold (9h)  
5-6            Right Step forward, Hold  
7-8            Turn ¼ to left, Hold (6h)

## [25-32] VINES (R&L)

1-2            Right Step to right, left cross behind right foot  
3-4            Right Step to right, left scuff  
5-6            Left Step to left, right cross behind left foot  
7-8            Left Step to left, right scuff

**REPEAT**

## MODIFICATION, HOLDS + CLAPS & RESTART:

In 9th wall we do until count 22 and turn 3/4 to left slowly (12h) and we add HOLDS + 16 claps to the rhythm of music and Restart the dance.