

# Pretty's On The Inside

COPPER KNOB  
BY STEPHEN HETS

拍數: 48      牆數: 3      級數: Improver  
編舞者: Hilda Foo (NZ) & Vicky Hamilton (NZ) - May 2019  
音樂: Pretty's on the Inside - Chloe Adams



Intro: 16 counts.

## Section 1: Walk forward X 2 Mambo. Walk Back X 2. Back Coaster 12:00

123&4      Walk forward R L, Mambo forward on R, recover on L, step RF slightly back  
567&8      Walk back L R. Step LF back, step RF Tog, Step LF forward

## Section 2: Rumba Box steps forward/Back. Heel and Toe Switches 12:00

1&23&4      Step RF to R, step LF Tog, step RF forward, step LF to L, step RF Tog, step LF back  
5&6&      Right Heel forward, Right heel in place besides L. Left heel forward, Left heel in place besides R  
7&8&      Point R toe to right, step RF in place besides L, point L toe to left, step LF in place besides R

## Section 3: Vine ¼ turn R Shuffle ½ Pivot turn R forward shuffle 9:00

123&4      Step RF to R, step LF behind R, ¼ turn R shuffle forward RLR  
567&8      Step LF forward, ½ pivot turn R, shuffle forward L R L

## Section 4: Kick and Point ½ Turn R Monterey Jazz Box 3.00

1&23&4      Kick RF forward, Step RF in place besides L, point LF to L. Kick LF forward, step LF in place besides R, point RF to R  
5678      ½ turn R with weight on right, cross L over R, step RF back, step LF besides R

## Section 5: Forward/back mambo. Side mambos 3:00

1&23&4      Forward mambo on R, recover on L, step RF besides L, Back mambo on L, recover on R, step LF besides R  
5&67&8      Side Mambo on R, recover L, step RF besides L. Side Mambo on L, recover R, step RF besides R.

## Section 6: ½ turning shuffles x2 , Rock back Recover 3:00

123&4      Rock RF forward, recover on LF, make ½ turn R shuffle stepping RLR  
5&678      Make ½ turn shuffle stepping LRL. Rock back on R, recover on L

Start again

## Tag (4 count) End of Wall 2 & 5 both face 6:00

1234      Rock forward on RF, recover on L, touch RF behind L, unwind ¼ turn right weight on L

Happy dancing and hope you like this dance!

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