

Little Help

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Novice
編舞者: Marianne Langagne (FR) - May 2019
音樂: Little Help (feat. Mimi & Josy) - The BossHoss : (Winner of the Voice Kids)



Intro : 8 counts from guitar

****2 restarts (5th & 11th walls)**

[1 – 8] MONTEREY ¼ TURN CROSS, SLOW COASTER STEP, TOGETHER

- 1 – 2 R Point to the Right, Right ¼ turn on LF – RF next to LF (3h)
- 3 – 4 L Point to the Left, cross LF over RF (weight on LF)
- 5 – 6 RF back, LF next to RF
- 7 – 8 RF forward, LF next to RF (weight on LF) (1st Restart here 3 o'clock)

[9 – 16] R SIDE TRIPLE, ROCK BACK, STEP R ½ TURN, ½ TURN, BACK TRIPLE

- 1 & 2 RF to the right & together, RF to the right
- 3 – 4 LF back, recover
- 5 – 6 LF forward, R ½ turn (weight on RF) (9h)
- 7 & 8 R ½ turn-LF back & together, LF back (3h)

[17 – 24] BACK, ¼ TURN SIDE, KICK BALL CROSS SIDE, ¼ TURN-HOOK, STEP FWD, HOOK BACK

- 1 – 2 RF back, L ¼ turn-LF to the L (12h)
- 3 & 4 Kick RF & RF next to LF, Cross LF over RF
- 5 – 6 RF to the right, L ¼ turn- L Hook in front of R leg
- 7 – 8 LF forward, R Hook behind L leg (2nd restart here 9 o'clock)

[25 – 32] BACK TRIPLE, COASTER STEP, R LONG STEP FWD, TOGETHER, SWIVEL

- 1 & 2 RF back & LF next to RF, RF back
- 3 & 4 LF back & RF next to LF, LF forward
- 5 – 6 R Large step forward, LF next to RF
- 7 – 8 Swivel heels to the Right, return (weight on LF)

Final : The last wall is at 12 o'clock.

Dance until count 26 (triple back), then L ¼ turn-LF to left, RF next to LF

Enjoy the dance !!!

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