Blue Jay



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Kate Sala (UK) & Tiphanie Hansel (FR) - May 2019

音樂: Spread My Wings - Daniel Furlong



Intro: 32 counts (18 seconds)

Jazz box, Rock Forward, Turn 1/2 Left, Step Pivot 1/2 Turn Left.

- 123 Cross RF over LF. Step back on LF. Step RF to right side.
- 4 5 6 Rock forward on LF. Recover on to RF. Turn 1/2 left Stepping forward on LF. 6:00.
- 7 8 Step forward on RF. Pivot 1/2 turn left. 12:00.

*(Restart during wall 3)

Skate Diagonally Right, Diagonal Shuffle Left, Skate Diagonally Right, Diagonal Shuffle Left.

- 1 2 Skate on RF forward to right diagonal. Slide LF towards RF. (Weight on RF)
- 3 & 4 Step LF forward to left diagonal. Step RF next to LF. Step LF forward to L diagonal.
- 5 6 Skate on RF forward to right diagonal. Slide LF towards RF. (Weight on RF)
- 7 & 8 Step LF forward to left diagonal. Step RF next to LF. Step LF forward to L diagonal.

Cross, Side, Behind Side Cross, Side Rock, Back Rock.

- 1 2 Cross step RF over LF. Step LF to left side.
- 3 & 4 Cross step RF behind LF. Step LF to left side. Cross step RF over LF.
- 5 6 Side rock on LF to left side. Recover on to RF.
- 7 8 Rock Step back on LF. Recover on to RF.

Side Rock, Cross Step, Monterey Turn 1/4 Right, Sailor Step 1/4 Turn Left With Cross.

- 1 2 Side rock on LF to left side. Recover on to RF.
- 3 4 Cross step LF over RF. Point RF out to right side.

*(Restart during wall 8)

- 5 6 Montery 1/4 turn right stepping down on RF. Point LF out to left side. 3:00.
- 7 & 8 Cross step LF behind RF. Turn 1/4 left Stepping RF in place. Cross step LF over RF. 12:00

*(Restart during wall 5)

Long Step Right, Slide, Behind Side Cross, Sweep, Cross Step, Side Touch, Forward Touch.

- Long step on RF to right side. Slide LF in towards RF.
- 3 & 4 Cross step LF behind RF. Step RF to right side. Cross step LF over RF.
- 5 6 Sweep RF round to right side from back to front. Cross step RF over LF.
- 7 8 Touch LF to left side, Touch LF forward.

Hitch, Touch Back, Turn 1/4 Left, Turn 1/4 Right, Full Turn & 1/4 Left With Long Step, Drag.

- 1 2 Hitch LF up, Touch LF back.
- 3 4 Turn/swivel 1/4 left keeping feet in place. Turn/swivel 1/4 right keeping feet in place. 12:00.
- 5 6 Turn 1/2 left stepping forward on LF. Turn 1/2 left stepping back on RF. 12:00.
- 7 8 Turn 1/4 left making a long step to left side on LF, Drag RF towards LF 9:00.

Jazz Box 1/4 Right, Step Behind, Turn 1/4 Left, Side Step, Turn 1/4 Left.

- 1 2 Cross step RF over LF. Turn 1/4 right stepping back on LF 12:00.
- 3 4 Step RF to right side. Step forward on LF.
- 5 6 Cross step RF behind LF. Turn 1/4 left stepping forward on LF. 9:00.
- 7 8 Step RF to right side. Turn 1/4 left stepping LF to left side 6:00.

Rock Forward, Recover, Full Turn Back, Rock Back, Recover, Full Turn Forward.

1 2 Rock forward on RF. Recover on to LF. 6:00.

- 3 4 Turn 1/2 right stepping forward on RF. Turn 1/2 right stepping back on LF. 6:00.
- 56 Rock back on RF. Recover on to LF.
- 78 Turn 1/2 left stepping back on RF. Turn 1/2 left stepping forward on LF. 6:00.

Restarts:-

- On Wall 3, restart after the first 8 counts (after Step 1/2 Turn) 12:00.
 On Wall 5, restart after 32 counts (after Sailor Step 1/4 LF Cross) 6:00;
 On Wall 8, restart after 28 counts (after Cross LF Touch RF) 6:00.