

Arline's Party

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: High Beginner Cha Cha
編舞者: Max Perry (USA) - April 2019
音樂: Throw Me a Party - Rita Wilson



Originally choreographed as a tribute to Arline Winerman

Rocking Chair to Cha-Cha Turning 1/2 Left, Rock Back

1,2,3,4 Rock R fwd, Step L in place, Rock R back, Step L in place
5&6 Forward Triple (cha cha cha) curving 1/2 left over the 3 steps (R,L,R)
7,8 Rock L back, Step R in place

Rocking Chair to Cha-Cha Turning 1/2 Right, Rock Back

1,2,3,4 Rock L fwd, Step R in place, Rock L back, Step R in place
5&6 Forward Triple (cha cha cha) curving 1/2 right over the 3 steps (L,R,L)
7,8 Rock R back, Step L in place

1/2 Pivot Turn Left, 1/4 Pivot Turn Left

1,2 Step R forward and turn 1/2 left, Step Left in place
3,4 Step R forward and turn 1/4 left, Step Left in place

Syncopated Weave Left

5,6 Cross R over L, Step L to left side
7&8 Cross R behind L, Step L to left side, Cross R over L

Left Side Rock, Syncopated Weave Right

1,2 Rock L to left side, Step R in place
3&4 Cross L behind R, Step R to right side, Cross L over R

Right Side Rock, Turning Sailor (1/4 Right)

5,6 Rock R to right side, Step L in place
7&8 Cross R behind left starting, Step L in place and turn 1/4 right, Step R forward

Left and Right Foot Fans

1,2,3,4 Place L foot forward (no weight) and fan foot L,R,L
&5,6,7,8 Quickly step L next to R and place R forward (no weight) and fan foot R,L,R

Rock Step Coaster Step, Jazz Box Turning 1/4 Right

&1,2 Quickly step R next to L and rock L forward, Step R in place
3&4 Step L back, Step R next to L, Step L forward (coaster step)
5,6,7,8 Cross R over L, Step L back turning 1/4 right, Step R to right side, Step L forward.

Note: This dance was choreographed as a celebration of life.
It is hoped that it will be used as a tribute to those dancers we have lost.

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Last Update - 1 Dec. 2019