Back For Good



拍數: 32 編數: Intermediate

編舞者: Iwan Irawan Lubis (INA) - May 2019

音樂: Back for Good - Take That



Dance begins on vocal (20 count)

SEQUENCE: A-A-B-B-B-A-A-B-B-B-A-A-TAG-B-B-B-A

A (16 count)

AI. FORWARD, BACK CROSS, SIDE, BACK, FULL TURN, FORWARD

1-2 Step R forward, recover on L

3&4 Cross R behind L, recover on L, step R to side with long step
5&6 Cross L behind R, recover on R, step L to left diagonal

7&8 ½ turn left stepping R back, ½ turn left stepping L forward, step R forward and flick L

AII. WEAVE, LIFT AND KICK, CROSS SAMBA, PIVOT, FORWARD

1&2 Step L back, step R to side, cross L over R

&3-4 Step R to side, cross L behind R, lift and kick R to side

5&6 Cross R over L, step L to side, step R in place

7&8 Step L forward, ½ turn right stepping R in place, step L forward

B (16 count)

BI. WEAVE, BIG STEP, CROSS HITCH, CROSS SHUFFLE

1&2 Cross R over L, step L to side, cross R behind L

&3&4 Step L to side, cross R over L, recover on L, step R to side with a big step

5-6 Cross L over R, hitch R

7&8 Cross R over L, step L to side, cross R over L

BII. MAMBO STEP, MAMBO TURN, MAMBO STEP, WALK FORWARD

1&2 Step L forward, recover on R, step L backward

3&4 Step R backward, recover on L, ½ turn left stepping R back (06.00)

5&6 Step L back, recover on R, step L forward

7-8 Step R forward, step L forward

There is 1 TAG in this dance about 8 count facing 12.00 (see the sequence above)

RUMBA BOX, PIVOT, TURN, SWEEP, CROSS

1&2 Step R to side, close L beside R, step R back3&4 Step L to side, close R beside L, step L forward

5&6 Step R forward, ½ turn left stepping L in place, ½ turn left stepping R back and sweep L

7&8 Cross L behind R, step R to side, cross L over R

Enjoy the dance and don't hesitate to contact me at iwanlubis1453@gmail.com

Submitted By - Hotma Tiarma Purba: hottiepurba@yahoo.com