Get a Little Bit Wild

拍數: 64

級數: Beginner +



音樂: Wild - Lolo

#16 count intro; counterclockwise rotation; start weight on L

Note: No Tags Or Restarts. While there is more to remember, the steps should be familiar to beginner dancers and the tempo is moderate. The dance makes one complete rotation and ends at the front wall. The music gets a little hard to follow for the first 16 counts or so during the fourth repetition; keep dancing at tempo until the beat kicks back in. Remember that all styling is optional.

SEC. 1: ZIG ZAG RIGHT, LEFT; ROCK, RECOVER, TURN, POINT

- 1-2 Turning body to face 10:30, step R sideways toward 1:30; squaring to front wall, touch L home
- 3-4 Turning body to face 1:30, step L sideways toward 10:30; squaring to front wall, touch R home
- (Styling 3-4 during first repetition only: swing L arm forward and up on 3, snap on 4) 5-8 Rock forward R, recover L, turn right 1/4 [3] stepping side R to side, point L to side (open to right diagonal)

SEC. 2: CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS ROCK, RECOVER

- 1-4 Cross L, step R to side, step L behind, sweep R back
- 5-8 Step R behind, step L to side, cross rock R, recover L

SEC. 3: LINDY R; VINE L, BRUSH

- Step R to side, close L, step R to side, rock back L, recover R 1&2, 3-4
- 5-8 Step L to side, step R behind, step L to side, brush R to prep cross step

SEC. 4: R JAZZ BOX CROSS; SWAY RIGHT, SWAY LEFT, SWAY RIGHT, TURN LEFT ¼

- 1-4 Cross R, step back L, step R to side, cross L
- 5-6 Step R to side swaying R, sway L
- 7-8 Sway R, turn left 1/4 [12] stepping forward L

SEC. 5: K STEP (WITH STYLING)

- 1-2 Bending slightly at waist, step R forward to right diagonal, touch L home
- 3-4 Straighten up stepping L back, touch R/clap
- 5-8 Step R back to right diagonal, touch L home/clap; step L forward, touch R/clap

SEC. 6: VEE STEP; STEP, TURN, CROSS-&-CROSS

- 1-4 Step R forward to R diagonal, step L to side, step R back to center, close L
- 5-6,7&8 Step R forward, turn left 1/4 [9], cross R, step L to side, cross R

SEC. 7: L SCISSOR STEP, CLAP-CLAP; MIRROR

- 1-2-3, &4 Step L to side, step R next to and slightly behind L, cross L, clap 2X
- 5-6-7, &8 Step R to side, step L next to and slightly behind R, cross R, clap 2X

SEC. 8: SIDE, TOUCH, SIDE, TOUCH, BACK ROCK, RECOVER, RUN-RUN-RUN

- 1-4 Step L to side, touch R toes home, mirror, step R to side, touch L toes home
- 5-6, 7&8 Rock back L, recover R, run forward LRL (keep steps small)

ENDING--the dance ends at the front wall with weight on L after the run-run-run, but there's one more beat. Wild option: stomp forward R, whilst miming a roar (it's in the music) and raking your "claws" forward and down.





Tame option: stomp forward R.

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