

Grannie Dances For The Birds

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: Beginner
編舞者: Grannie Dee (CAN) - May 2019
音樂: Bye Bye Blackbird - Rod Stewart



Grannie Dee and her class are mostly seniors and we prefer no hops, skips, jumps and multiple turns in a row.

Hope you like our dance.

FIRST SECTION: ROCKING CHAIR, FORWARD LOCK & SHUFFLE

1-2 Rock fwd on R, recover to L
3-4 Rock back on R, recover to L
5-6 Step R fwd, lock left behind R
7&8 Step R fwd, lock left behind R, step R fwd

SECOND SECTION: SIDE TOUCHES TURNING ¼ , LEFT LINDY

1-2 Step L to side, touch R
3-4 Step R to side, touch L (gradually turning ¼ left on these 4 steps) (9)
5&6 Step L to side, R beside left, L beside R
7-8 Rock R back, step L to side

THIRD SECTION: RIGHT LINDY, TURNING ¼, LEFT SIDE ROCK, CROSS SHUFFLE

1&2 Step R to side, L beside R, R beside L
3-4 Rock R back, recover to left , stepping ¼ to R (12)
5-6 Rock L to side, recover to R
7&8 Cross L over R, step R beside L, step L beside R

FOURTH SECTION: RIGHT SIDE ROCK, CROSS SHUFFLE, , LEFT HINGE TURN ¼, SHUFFLE

1-2 Rock R to side, recover to L
3&4 Cross R over L, step L beside R, step R beside L
5-6 Step L back, turning ¼ to R, step R fwd slightly,
7&8 Step L fwd, R beside L, step L beside R

Contact: granniededances@gmail.com
