Everything But Nothin'



拍數: 32 牆數: 4 級數: Beginner / Improver ECS

編舞者: Miquel Menéndez (ES) - May 2019

音樂: I Ain't Got Nothin' - Willie Nelson : (Album: Last Man Standing)



SLIDE, ROCK, KNEE ACTIONS

1-2	Slide to right with	RF

3,4 Rock LF behind, Recover onto RF

5,6 Step to left with LF with left knee in, Left Knee out7-8 Left Knee in, Left knee out and put weight on LF

TOE STRUT x2, BOOGIE WALKS

1	,2	Touch RF forward, Drop Right heel
3	3,4	Touch LF forward, Drop Left heel
-		Ctan famuard with DE and both knoon to right Ctan famuar

5,6 Step forward with RF and both knees to right, Step forward with LF and both knees to left
7,8 Step forward with RF and both knees to right, Step forward with LF and both knees to left

1/4 TURN LEFT, CROSS SHUFFLE, SIDE, CROSS, SIDE, CROSS

1,	2	Sten	forward	with R	F 1	/4 turn	left	and	leave	weigh	nt onto	IF.	(endino	ı facind	1 9.00)	

3&4 Cross RF over LF, Step LF close to RF, Cross RF over LF

5,6 Step to left with LF, Cross RF behind LF7,8 Step to left with LF, Cross RF over LF

ROCK, 1/2 SAILOR STEP, POINT x2, FULL TURN RIGHT

1,2 Rock LF to left, Recover onto RF

3&4 1/4 turn left and Cross LF behind RF, Step in place RF, 1/4 turn left and step slightly forward

with LF (ending facing 3:00)

5&6& Point RF to right, Step next to LF with RF, Point LF to left, Step next to RF with LF

7-8 1/4 turn right stepping forward with RF, 3/4 turn right stepping next to RF with LF (ending

facing 3:00)