

LA Girls

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver WCS
編舞者: Christina Yang (KOR) - May 2019
音樂: LA Girls - Charlie Puth



Start the dance after 16 counts

SECTION 1: HIP BUMP, FORWARD, 1/4 TURN TO R WITH HIP BUMP, 1/4 TURN TO R WITH BACKWARD, COASTER STEP, 2 TIMES OF FORWARD WALKS,

1&2 RF forward and Push your weight strongly to R hip, recover weight to L hip, RF forward
3&4 1/4 turn to R with push your weight strongly to L hip, recover weight to R hip, 1/4 turn to R with LF backward
5&6 RF backward, LF closed RF, RF forward
7-8 LF forward, RF forward

SECTION 2: FORWARD ROCK, RECOVER WITH SWEEP, SAILOR STEP, SAILOR STEP, 1/4 TURN TO L WITH COASTER STEP

1-2 LF forward rock, RF recover and LF sweep from front to back
3&4 LF cross behind RF, RF side rock, LF recover (facing to R diagonal direction)
5&6 RF cross behind LF, LF side rock, RF recover (facing to L diagonal direction)
7&8 1/4 turn to L with LF backward, RF closed LF, LF forward

SECTION 3: FORWARD, JAZZ BOX, CROSS, SIDE ROCK, RECOVER, CROSS, 1/4 TURN TO R WITH FORWARD, FORWARD

1-2 RF forward, LF cross over RF
3&4 RF backward, LF side, RF cross over LF
5-6 LF side rock, RF recover
7&8 LF cross behind RF, 1/4 turn to R with RF forward, LF forward

SECTION 4: SYNCOPATED ROCKING CHAIR, FORWARD ROCK, BACKWARD SWIVEL, BACKWARD SWIVEL, COASTER STEP

1-2& RF forward rock, LF recover, RF backward rock
3-4 LF recover, RF forward rock
5-6 LF recover and L heel swivel to L side, RF back and R heel swivel to R side
7&8 LF backward, RF closed LF, LF forward

RESTARTS:-

On the 3rd wall, you will dance to 16 counts and start again

On the 7th wall, you will dance to 4 counts and start again

chrisjj0681@yahoo.com

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