

# Don't Needa Man

COPPERKNOB  
STEP SHEETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Lori Manary (USA) - January 2019  
音樂: Don't Need No Man - DeMetri Moon : (iTunes)



## Start with lyrics

### Toe Struts R, L, Jazz Box w/¼ Turn R

1, 2      Tap R toe forward (1), Step down on R(2)  
3, 4      Tap L toe forward (3), Step down on L(4)  
5, 6      Cross R over L (5) Step L back  
7, 8      ¼ turn R stepping forward on R (7), Step L next to R (8) (3:00)

### R Vine, Heel Jack, L Vine, Heel Jack Cross

9, 10      Step R To R side (9) Cross L behind R(10)  
11, 12      Hop R back at R diagonal tap L heel at L diagonal (11) Hop both feet back to center landing with R crossing over L(12)  
13, 14      Step L to L side (13) Cross R behind L (14)  
15, 16      Hop L back at L diagonal tap R heel at R diagonal (15) Hop both feet back to center landing with L crossing over R(16) (3:00)

### Shuffle RLR, Toe Touch Behind, ½ Turn L, Kick Ball Point, ¼ Turn L

17&18      Step R forward (17), Step L next to R (&) Step R forward (18)  
19, 20      Touch L toe back (19) ½ Turn L(20)  
21&22      Kick L forward (21), Step L down next to R (&) Point R toe forward(22)  
23, 24      ¼ turn L (23), Hold (24) (6:00)

### R Sailor, L Sailor, R Toe Touches, L Toe Touch ¼ Turn L

25&26      Step R to R side (25) Rock back on L (&) Rock forward on R (26)  
27 & 28      Step L to L side (27) Rock back on R (&) Rock forward on L. (28)  
29, 30      Touch R toe out to R side (29) Step R next to L(30)  
31, 32      Touch L toe out to L side (31) ¼ turn L(32) (3:00)

### Coaster Step, Toe Touch R,L, R Toe Flick, R Toe Cross, Unwind

33&34      Step L back (33) Step R next to L (&) Step L forward (34)  
35&36&      Touch R toe forward (35) Touch R next to L (&) Touch L toe forward (36) Step L next to R(&)  
37, 38      Flick R toe forward (37) Cross R toe over L (38)  
39- 40      Unwind full turn (3:00)

### Hip Bump R, Hip Bump L, Hip Circle

41, 42      Two hip bumps R  
43, 44      Two hip bumps L  
45-48      1 full hip circle (3:00)

**Restart: Do the entire dance twice.**

**On count 32, bring L foot next to R while making the ¼ turn L.  
You will be facing the 9:00 wall, restart the dance**

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