

You're The Inspiration

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
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音樂: You're the Inspiration - Chicago



I. STEP BEHIND CROSS, 1/2 TURN RIGHT, 1/2 DIAMOND STEP

1-2&3 Step R to side, Cross L slightly behind R, Recover on R, Turn 1/4 right step L back (3.00)
4&5 Turn 1/4 right step R to side (6.00), Cross L over R, Step R to side
6&7 Step L diagonal back, Step R back, Step L to side (Squaring to 3.00)
8& Step R diagonal fwd, Step L fwd

II. BASIC NIGHT CLUB R-L, 3/8 TURN LEFT, STEP DIAGONAL FWD, 1/2 PIVOT TURN RIGHT, SYNCOPATED SIDE CROSS

1-2&3 Step R to side (Squaring 12.00), Cross L slightly behind R, Recover on R, Step L to side
4&5 Cross R slightly behind L, Recover on L, Step R to side
6&7 Turn 3/8 left step L fwd (4.30), Step R fwd, Step L fwd
&8& Turn 1/2 right step R fwd (10.30), Step L to side (Squaring 12.00), Recover on R

III. CROSS ROCK, SYNCOPATED SIDE CROSS LEFT, FULL TURN RIGHT

1-2&3 Cross L over R, Recover on R, Step L to side, Cross R over L
&4&5 Step L to side, Cross R behind L, Step L to side, Cross R over L
6&7 Recover on L, Turn 1/2 right step R fwd (4.30), Step L fwd
8& Turn 1/2 left step R back, Turn 1/2 left step L fwd

IV. STEP SIDE, DIAGONAL BACK, BEHIND SIDE 1/4 TURN LEFT FWD, 1/4 TURN LEFT, CROSS ROCK, 1/2 TURN RIGHT

1-2&3 Step R to side (Squaring 3.00), Step L diagonal back, Step R back, Long Step L to side (Squaring 12.00)
4&5 Cross R behind L, Turn 1/4 left step L fwd (9.00), Step R fwd
6-7 Turn 1/4 left recover on L (6.00), Cross R over L
8& Turn 1/4 right step L back, Turn 1/4 right step R to side (12.00)

V. STEP CROSS, STEP WALK 1/2 TURN RIGHT R-L-R, STEP FWD WITH SWEEP, JAZZBOX, STEP CROSS

1-2&3 Cross L over R, Turn 1/8 right step R fwd (3.00), Turn 1/4 right step L fwd (6.00), Turn 1/4 right step R fwd sweep on L (9.00)
4-5 Step L fwd sweep on R, Step R fwd sweep on L
6&7 Cross L over R, Step R back, Step L to side
8& Cross R over L, Recover on L

VI. 1/4 TURN RIGHT W/ ARABESQUE STYLE, STEP MAMBO FWD, BACK SHUFFLE, COUSTER STEP, PIVOT 1/2 TURN LEFT

1-2&3 Turn 1/4 right step R fwd with Arabesque style (12.00), Step L fwd, Recover on R, Step L back
4&5 Step R back, Step L beside R, Step R back
6&7 Step L back, Close R to L, Step L fwd
8& Step R fwd, Turn 1/2 left step L fwd (6.00)

#RESTARTS :

On Wall 2 after 44& Count ,Close L beside R then Restart (12.00)
On Wall 5 after 16 Count , touch R beside L

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