Travelin' Shoes



拍數: 48 牆數: 4 級數: Improver 編舞者: Helen Woods (USA) - May 2019 音樂: Death Came A-Knockin (Travelin' Shoes) - Ruthie Foster: (Album: Runaway Soul - 3:22) Step sheet prepared by Harry Woods Lead in approximately 9.5 seconds (lyrics begin: You know that death; death is count 1), support on left SECTION 1: SIDE TOE STRUT, CROSSING TOE STRUT, KICK BALL CROSS, KICK BALL CROSS 1-2 Facing right diagonal step ball of right to side, drop right heel 3-4 Step ball of left across right, drop left heel (move right arm like knocking on a door) 5&6 Kick right to right diagonal, step ball of right beside left, step left across right 7&8 Kick right to right diagonal, step ball of right beside left, step left across right (12:00) SECTION 2: SIDE ROCK, RECOVER, BEHIND (TURN 1/4) STEP STEP, OUT, OUT, IN, IN 1-2 Rock right to side. recover left 3&4 Step right behind left then turn 1/4 left, step left forward, step right forward 5-6 Step left diagonally left, step right to side 7-8 Step left diagonally back right, step right beside left (9:00) SECTION 3: SIDE TOE STRUT, CROSSING TOE STRUT, KICK BALL CROSS, KICK BALL CROSS Facing left diagonal step ball of left to side, drop left heel 1-2 3-4 Step ball of right across left, drop right heel 5&6 Kick left to left diagonal, step ball of left beside right, step right across left 7&8 Kick left to left diagonal, step ball of left beside right, step right across left (9:00) SECTION 4: SIDE ROCK, RECOVER, BEHIND (TURN 1/2) STEP STEP, OUT, OUT, IN, IN 1-2 Rock left to side, recover right 3&4 Step left behind right then turn 1/4 right, step right forward, step left forward 5-6 Step right diagonally right, step left to side Step right diagonally back left, step left beside right (12:00) 7-8 SECTION 5: OUT, OUT, TRIPLE IN PLACE, OUT, OUT, TRIPLE IN PLACE 1-2 Step right diagonally right, step left to side 3&4 Triple in place (pump arms up) 5-6 Step left diagonally left, step right to side 7&8 Triple in place (pump arms up) (12:00) SECTION 6: (Traveling in ¾ arc left) STEP, STEP, TRIPLE STEP, STEP, STEP, TRIPLE STEP 1-2 Beginning 3/4 walk around step right arcing left, step left arcing left 3&4 Triple step arcing left 5-6 Step left arcing left, step right arcing left 7&8 Triple step arcing left completing 3/4 walk around (3:00) **REPEAT**

TAG: After 2nd and 4th rotations add tag steps below SECTION 1: STEP, STEP, FORWARD COASTER, BACK, BACK, COASTER		
	1-2	Step right forward, step left forward
	3&4	Step right forward, step ball of left beside right, step right back
	5-6	Step left back, step right back

7&8 Step left back, step ball of right beside left, step left forward

SECTION 2: STEP, STEP, FORWARD COASTER, BACK, BACK, COASTER

1-2 Step right forward, step left forward

3&4 Step right forward, step ball of left beside right, step right back

5-6 Step left back, step right back

7&8 Step left back, step ball of right beside left, step left forward

ALTERNATIVE TAG (in place of Tag above for a more west coast feel)

After 2nd and 4th rotations add alternative tag steps below

SECTION 1: STEP, STEP, ANCHOR STEP, SAILOR HALF TURN, HIP BUMPS

1-2 Step right forward, step left forward

3&4 Turning slightly right rock right behind left, recover left, squaring forward step right back

Step left behind right then turn ½ left, step right to side, replace left

7&8& Step right slightly forward bumping hips forward, bump hips back, bump hips forward, replace

left bumping hips back

SECTION 2: STEP, STEP, ANCHOR STEP, SAILOR HALF TURN, HIP BUMPS

1-2 Step right forward, step left forward

3&4 Turning slightly right rock right behind left, recover left, squaring forward step right back

Step left behind right then turn ½ left, step right to side, replace left

7&8& Step right slightly forward bumping hips forward, bump hips back, bump hips forward, replace

left bumping hips back