

Crazy In Love (愛瘋了) (zh)

COPPER KNOB
BY STEPHEN LEE

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Nina Chen (TW) - 2019年05月
音樂: Crazy In Love (愛瘋了) (DJ版) - Wang Luke (王璐崙)



Intro: 32 counts

Optional hand movements: Please refer to the demonstration video.

Sec1: SIDE JUMP WHILE HITCH, HIPS BUMP

- 1-2, 3&4 Jump RF to R while slightly hitch LF (facing 1:30) - Jump LF to L while slightly hitch RF, Jump RF to R while slightly hitch LF - Jump LF to L while slightly hitch RF - Jump RF to R while slightly hitch LF
- 5-8 Step LF to L bump hip to L 4 times (return to the front)
- 1-2, 3&4 右足稍微右跳同時稍微抬起左足 (面向1:30) - 左足稍微左跳同時稍微抬起右足, 右足稍微右跳同時稍微抬起左足 - 左足稍微左跳同時稍微抬起右足 - 右足稍微右跳同時稍微抬起左足
- 5-8 左足左踏向左推臀4次 (面部慢慢轉回正面)

Sec2: JAZZ BOX 1/4 R, (R & L) DIAGONAL FWD SHUFFLE

- 1-4 Cross RF over LF - 1/4 turn R (3:00) step LF back - Step RF to R - Cross LF over RF
- 5&6, 7&8 Diagonal fwd shuffle (R L R), Diagonal fwd shuffle (L R L)
- 1-4 右足前跨 - 右轉1/4 (3:00) 左足後踏 - 右足右踏 - 左足前跨
- 5&6, 7&8 斜前交換步 (右 左 右), 斜前交換步 (左 右 左)

Sec3: (R & L) CROSS MAMBO, SWAY

- 1&2, 3&4 Rock RF over LF - Recover on LF - Step RF to R, Rock LF over RF - Recover on RF - Step LF to L
- 5-8 Sway hips (R L R L)
- 1&2, 3&4 右足前跨下沉 - 重心回左足 - 右足右踏, 左足前跨下沉 - 重心回右足 - 左足左踏
- 5-8 搖臀 (右 左 右 左)

Sec4: FWD - PIVOT 1/2 L, FWD SHUFFLE, CROSS TOUCH - SIDE TOUCH - HICHT - TOGETHER

- 1-2, 3&4 Step RF fwd - 1/2 turn L (9:00) weight on LF, Fwd shuffle (R L R)
- 5-8 Touch LF over RF - Touch LF to L - Hitch LF - Step LF beside RF
- 1-4 右足前踏 - 向左踏轉1/2 (9:00) 重心回左足, 前交換步 (右 左 右)
- 5-8 左足前跨點 - 左足左點 - 左足抬起 - 左足併踏右足旁

Tag: After wall 11 (3:00)

加拍: 第十一面牆 (3:00) 結束後

FWD - PIVOT 1/2 L. (x2)

- 1-4 Step RF fwd - 1/2 turn L (9:00) weight on LF - Step RF fwd - 1/2 turn L (3:00) weight on LF
- 1-4 右足前踏 - 向左踏轉1/2 (9:00) 重心回左足 - 右足前踏 - 向左踏轉1/2 (3:00) 重心回左足

Have Fun & Happy Dancing !!!

Contact Nina Chen : nina.teach.dance@gmail.com