

La Libertad

拍數: 32 牆數: 4 級數: Improver
編舞者: Uli Elfrida (INA) - May 2019
音樂: La Libertad - Álvaro Soler



*1 tag - 3 restart in wall 4, 8 after 16 counts and wall 10 after 14 counts

Section 1 : Step side, step together, recover, step forward, lock, shuffle forward

1 2&3 4& Big step R to right side, step L together, recover on R, Big step L to left side, step R together, recover on L
5 6 7&8 Step R forward, lock L behind R, step R forward, lock L behind R, step R forward

Section 2 : Step forward, touch, press, sweep, step back, step side, recover, touch

1 2 3 4 Step L forward while sweeping R from back to front, touch R toe forward, drop R heel and press while lifting L heel, drop L heel while lifting R heel and sweeping R from front to back
5 6 7&8 Step R back while sweeping L from front to back, step L back, 1/4 turn right (facing 3.00) while sweeping R from front to back, step R to right side, recover on L, touch R next to L

Section 3 : Samba step R - L, rock, recover, 1/2 turn right walk forward R, L

1&2 3&4 Cross R over L, rock L to left side, recover on R Cross L over R, rock R to right side, recover on L
5 6 7 8 Rock R forward, recover on L, 1/2 turn right (facing 9.00) walk forward R L

Section 4 : Cross side, cross shuffle

1 2 3&4 Cross R over L, step L to left side, cross R over L, step L to left side, cross R over L
5 6 7&8 Cross L over R, step R to right side, cross L over R, step R to right side cross L over R

Tag

1 2 3 4 Step L forward, cross R over L, 3/4 turn left, change weight on left
5 6 hold

Enjoy the dance

Contact : uliefridaksp@gmail.com