

Boggie Woogie Rock 'n Roll

COPPER **KNOB**
BY STEPHEN

拍數: 48 牆數: 4 級數: Improver
編舞者: Nina Chen (TW) - May 2019
音樂: Dixie Aces - Boggie Woogie Rock 'n Roll (Remix)



Intro: 16 counts - No Tag ! No Restart !!

Sec1: DIAGONAL FWD - TOGETHER , HEEL BOUNCE. (x2)

1-4 Step RF fwd to R diagonal - Step LF beside RF, Bounce both heel twice
5-8 Step LF fwd to L diagonal - Step RF beside LF, Bounce both heel twice

Sec2: BACK - KICK. (x4)

1-4 Step RF back - Kick LF fwd - Step LF back - Kick RF fwd
5-8 Step RF back - Kick LF fwd - Step LF back - Kick RF fwd

Sec3: CHASSE R, ROCK BACK- RECOVER, SIDE - BEHIND - 1/4 L FWD - HOLD

1&2, 3-4 Step RF to R - Step LF beside RF - Step RF to R, Rock LF back - Recover on RF
5-8 Step LF to L - Step RF behind LF - 1/4 turn L (9:00) step LF fwd - Hold

Sec4: SKATE - HOLD - SKATE - HOLD, DUCK WALK

1-4 Skate RF to R - Hold - Skate LF to L - Hold
5-8 With knees bent, Swivel RF to R diagonal and swivel L heels to L - Swivel LF to L diagonal and swivel R heels to R - Swivel RF to R diagonal and swivel L heels to L - Swivel LF to L diagonal and swivel R heels to R

Sec5: FWD - PIVOT 1/4 L - FWD - PIVOT 1/4 L, JAZZ BOX

1-4 Step RF fwd - Pivot 1/4 L (6:00) weight on LF - Step RF fwd - Pivot 1/4 L (3:00) weight on LF
5-8 Cross RF over LF - Step LF back - Step RF to R - Step LF beside RF

Sec6: SWIVEL TO R - HOLD, SWIVEL TO L - HOLD

1-4 Swivel both heels to R - Swivel both toes to R - Swivel both heels to R - Hold (finger)
5-8 Swivel both toes to L - Swivel both heels to L - Swivel both toes to L - Hold (finger)

Have Fun & Happy Dancing !!!

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