

Crackin' Cold Ones

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Jeanne Chamas (USA) & Nicole Petrocelli (USA) - May 2019
音樂: Crackin' Cold Ones With the Boys - The Cadillac Three : (iTunes)



***1 easy restart on wall 8 after 8 counts**

FORWARD R AND L TOE/HEEL, R ROCKING CHAIR

1, 2, 3, 4 Touch R toe forward, lower heel to ground, touch L toe forward, lower heel to ground
5, 6, 7, 8 Rock R forward, recover on L, rock back on R, recover on L (weight on L)

***Restart on wall 8, you will be facing 6:00**

WALK R, L, TRIPLE FORWARD (R,L,R), STEP ½ R, TRIPLE FORWARD (L,R,L)

1, 2, 3 & 4 Walk forward R, L, step forward R, step L next to R, step forward on R (R,L,R)
5, 6, 7 & 8 Step forward on L, turn ½ over R, stepping on R (weight on R), step forward L, step R next to L, step forward on L (L,R,L) (weight on L) (6:00)

R KICK AND POINT, L KICK AND POINT, ¼ R JAZZ BOX CROSS

1 & 2, 3 & 4 Kick R forward, step on ball of R, point L to L side (weight on R), kick L forward, step on ball of L, point R to R side (weight on L)
5, 6, 7, 8 Cross R over L, step back on L, turn ¼ R stepping R to side, cross L over R (9:00)

SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, ¼ L HEEL GRIND, KICK, L COASTER STEP

1, 2, 3 & 4 Rock R to R, recover on L, cross R behind L, step L to L, cross R over L
5, 6, 7 & 8 Dig L heel forward, grind heel ¼ L kicking L foot forward, step back L, step R next to L, step L forward (6:00)

***Optional: To end the dance facing front wall, you may in the last section, replace counts 5-8 with**

SIDE ROCK, RECOVER, BEHIND, ¼ R TURN, STEP

5, 6, 7 & 8 Rock L to L, recover R, cross L behind R making a ¼ R, step R forward, step L

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