

You Are The Reason

COPPER KNOB
BY STEPHEN

拍數: 16 牆數: 4 級數: Beginner
編舞者: Kerri Lessard (USA) - May 2019
音樂: You Are the Reason - Calum Scott & Leona Lewis



Short 4 count intro. Begin dance on the word 'heart'.

[1-4] WALK FORWARD WITH SWEEPS, L MAMBO STEP

- 1 Step forward R as you sweep L
- 2 Step forward L as you sweep R
- 3 Step forward R as you sweep L
- 4&a Press L forward, Recover back on R, Step L back

[5-8] ZIG-ZAG BACK, L COASTER STEP

- 5 Slide R diagonally back (4:30), Slide L next to R
- 6 Slide L diagonally back (7:30), Slide R next to L
- 7 Slide R diagonally back (4:30), Slide L next to R
- 8&a Step back L, Step R next to L, Step L fwd

[9-12] 1/4 TURN L WITH SWAYS, CROSS-ROCK-RECOVER

- 1 Step R foot out ¼ turn L as you sway R hip (9:00)
- 2 Transfer weight to L as you sway L hip
- 3 Transfer weight to R as you sway R hip
- 4&a Cross rock L over R, Recover R, Step L to L side

[13-16] PRISSY WALK R-L-R, 1/2 L TURN WITH SWEEP, L COASTER STEP

- 5-6 Step R fwd, Step L fwd crossing slightly over R
- 7 Step R fwd and sweep L back ½ turn L (3:00)
- 8&a Step L back, Step R next to L, Step L fwd

NOTE: Hold after count 18 on 9th rotation for pause in song.
You will be facing 9:00 wall.
Then Restart dance from beginning.

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