

Good Vibes

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jake "Noodle" Garcia - May 2019
音樂: Good Vibrations - Marky Mark and the Funky Bunch



#16 measure intro, the song counts you in

[1-8] Body Roll, Kick ball Points, Knee Swings ¼ R

- 1-2 Body roll down
- 3&4 Kick RF, step RF in place, point LF out
- 5&6 Kick LF, step LF in place, point RF out
- & Lift R heel and swing R knee clockwise
- 7 Lift L heel and swing L knee clockwise
- & Finish R circle with a ¼ turn right, stepping R heel down
- 8 Finish L circle, stepping L heel down

[9-16] Back Pivot ½ R, ½ R Heel Step, LF Heel Step, Point, Hook ¼ R

- 1 2 Step RF back, pivot ½ R
- 3 4 Continue turn ½ R and step R heel then drop toe
- 5 6 Step L heel then drop toe
- 7 8 Point RF out, hook RF across L while turning ¼ R

[17-24] Slide R, Hip Bumps, Step, Hitch ¼ L, Side, Behind

- 1-2 Slide out R
- 3, 4 Hip bumps L R
- 5 Transfer weight to LF with hip bump
- 6 Turn ¼ L, hitching RF with hip bump
- 7, 8 Step RF to the R, step LF behind RF

[25-32] Full Unwind L, Swivel Steps Back

- 1-4 Unwind in a full circle over L shoulder (CCW)
- 5 Step LF back and fan the RF to the R
- 6 Step RF back and fan the LF to the L
- 7 Step LF back and fan the RF to the R
- 8 Step RF together

Restart on Wall 9, After 16 Counts step R into body roll to begin the next wall.
(For reference in the song, the Restart is just after he says "can you feel it baby? I can too")