Can't Hold Us

Intro counts: 48 counts

HEEL/STEP/TOUCH X2, R HEEL X2, L TOE, STEP.

1&2	Touch R heel forward, step RF on LF, touch L toe to L side.
3&4	Touch L heel forward, step LF on RF, touch R toe to L side.
5-6&	Touch R heel forward, touch R heel forward, step RF on LF.
7-8&	Touch L toe back, touch L toe back, step LF on RF.

KICK R, KICK L, KICK R X2, KICK L, KICK R, KICK L, KICK R.

1-2	Kick RF forward, with stepping RF on LF kick LF forward with hop on RF.
3-4	Kick RF forward with hopping on LF X2.
5-6	With stepping RF on LF kick LF forward with hop on RF, with stepping LF on RF kick RF forward with hop on LF.
7-8	With stepping RF on LF kick LF forward with hop on RF, with stepping LF on RF kick RF forward with hop on LF.

EXTENDED HEEL JACKS.

1-2	Step RF to R side, cross LF behind RF.
&3&4	Step RF to R side, touch L heel diagonal forward, step LF in place, cross RF over LF.
5-6	Step LF to L side, cross RF behind LF.
&7&8	Step LF to L side, touch R heel diagonal forward, step RF in place, cross LF over RF.

HIP ROLLS R X3, HOOK HITCH, HIP ROLLS L X3, HOOK HITCH.

1-2	Roll R hips to R side, roll R hips to R side.
3-4	Roll R hips to R side, hook hitch LF over RF.
5-6	Roll L hips to L side, roll L hips to L side.
7-8	Roll L hips to L side, hook hitch RF over LF.

NO TAGS/RESTARTS

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