

Stuck In It

拍數: 64 牆數: 0 級數: Phrased Improver
編舞者: Marthijn Houben (BEL) - May 2019
音樂: That Old Truck - Thomas Rhett



Sequence: A-A40-B-A-A40-B-A16-tag-A16-A32-B-B
Intro 16 counts

PART A

Section 1: Kick ball cross, figure of eight ¼ turn L.

1 & 2 RF kick fwd., RF step close to LF, LF cross over RF
3 – 4 RF step ¼ turn R fwd., LF step fwd.
5 – 6 R+L turn ½ turn R, LF step ¼ turn R side
7 – 8 RF cross behind LF, LF step ¼ turn L fwd.

Section 2: step, touch, step back, kick, lock step, step back, touch toe across.

1 – 2 RF step fwd., LF touch close to RF
3 – 4 LF step back, RF kick fwd.
5 & 6 RF step back, LF lock for RF, RF step back
7 – 8 LF step back, RF touch across LF

*restart A16

Section 3: step, scuff, vaudeville, cross, 1/4 turn R, coaster step.

1 – 2 RF step fwd., LF scuff fwd.
3 & 4 & LF cross over RF, RF step side, LF touch heel fwd., LF step close to RF
5 – 6 RF cross over LF, LF step ¼ turn R back
7 & 8 RF step back, LF step close to RF, RF step fwd.

Section 4: toe strut, kick ball touch side, touch close, touch side, behind side cross.

1 – 2 LF step toe fwd., LF drop heel to the floor
3 & 4 RF kick fwd., RF step close to LF, LF touch side
5 – 6 LF touch close to RF, LF touch side
7 & 8 LF step behind, RF step side, LF cross over RF

Or

7 – 8 (A32) LF rock back, recover

*restart A32

Section 5: side, heel jack, cross, 1/4 turn R, 1/2 turn R, pivot 1/4 turn R.

1 – 2 & RF step side, LF cross behind RF, RF step close to LF
3 & 4 LF touch heel fwd., LF step close to RF, RF cross over LF
5 – 6 LF step ¼ turn R back, RF step ½ turn R fwd.
7 – 8 LF ¼ turn R side rock, recover on RF

*restart A40

Section 6: rock fwd., sailor step (2x), toe strut 1/2 turn L.

1 – 2 LF rock fwd., recover on RF
3 & 4 LF cross behind RF, RF step side, LF step side
5 & 6 RF cross behind LF, LF step side, RF step side
7 & 8 LF touch toe back, RF+LF ½ turn L, LF drop heel to the floor

PART B

Section 1: jazz box 1/4 turn (2x).

1 – 2 LF cross over RF, RF step back

- 3 – 4 LF step ¼ turn L fwd., RF step close to LF
- 5 – 6 LF cross over RF, RF step back
- 7 – 8 LF step ¼ turn L fwd., RF step close to LF

Section 2: shuffle fwd., step side, touch close to RF, heel diggings (2x LF, 1x RF), stomp.

- 1 & 2 LF step fwd., RF step close to LF, LF step fwd.
- 3 – 4 RF step side, LF touch close to RF
- 5 – 6 & LF touch heel fwd. (x2), LF step close to RF
- 7 – 8 RF touch heel fwd., RF stomp close to LF

TAG

- 1 – 2 Hold (x2)

Last Update – 6 June 2019
