

Tell Me All The Ways

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Rhoda Lai (CAN) - March 2019
音樂: ALL THE WAYS - MEGHAN TRAINOR : (2:55)



<https://itunes.apple.com/us/album/all-the-ways-single/1448396930>

Intro: 32 counts

*Restarts: at Walls 2, 4, 5 after 32 counts

S1: R Cross-side-heel-step, L Toe-back-kick-step, L Forward Rock, Shuffle ½ L

1&2& Cross R over L, step L to L side, tap R heel forward, step R in place
3&4& Touch L toe beside R, step back L, kick R forward, step R in place
5 6 7&8 Rock forward L, recover onto R, ½ L stepping forward L, step R beside L, step forward L (6:00)

S2: Weave L, R Heel, Shoulder Shrugs, R Ball, L Cross Shuffle, R Back, ¼ L

1&2& Cross R over L, step L to L side, step R behind L, step L to L side
3&4 Touch R heel to R diagonal, shrug shoulders
&5&6 Step R in place, cross L over R, step R to R side, cross L over R
7 8 Step back R, ¼ L stepping forward L (3:00)

S3: R Forward, ¼ R Paddle (x2), L Forward Shuffle, ¼ L C Bump, ¼ L

1 2 3 Step forward R, 1/4 R point L to L, 1/4 R point L to L (9:00)
4&5 Step forward L, step R beside L, step forward L
6&7 ¼ L bumping R hip up, bring hips to center touch R, bump R hip down in a sitting position on R (6:00)
8 ¼ L stepping forward L (3:00)

S4: ½ L, L Coaster Step, R Heel Forward, R Toe Back, Unwind ½ R, Hip Bumps

1 2&3 ½ L stepping back R, step back L, step R beside L, step forward L (9:00)
4 5 Touch R heel forward with body leaning back, touch R toes back with body leaning forward
6&7&8 ½ R with weight on L, bump hips R, L, R, L *Restarts (3:00)

S5: R Forward, L Cross Samba, R Cross, ⅛ R, ⅛ R Chasse, Cross L

1 2&3 Step forward R, cross L over R, step on the ball of R to R side, recover onto L
4 5 Cross R over L, ⅛ R stepping back L (4:30)
6&7 8 ⅛ R stepping R to R side, step L beside R, step R to R side, cross L over R (6:00)

S6: R Side, L Sailor Step, R Ball-Change, Weave ¼ L

1 2&3 Step R to R side, step L behind R, step R to R side, step L to L side
&4 Step on the ball of R in place, step L in place
5 6 7 8 Cross R over L, step L to L side, step R behind L, ¼ L stepping L forward (3:00)

Enjoy!

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