

Esa Mujer

拍數: 48 牆數: 4 級數: Intermediate Samba
編舞者: Conny van Dongen (NL) - May 2019
音樂: Esa Mujer - Diego Torres



(S1) STEP, 1/2 TURN WITH HOOK, LOCK STEP, MAMBO STEPS

1-2 RF step forward, 1/2 turn L & LF hook
3&4 LF step forward, RF cross behind, LF step forward
5&6 RF step forward, LF replace weight, RF together
7&8 LF step back, RF replace weight, LF together

(S2) SIDE, TOGETHER, CHASSÉ, SAILOR STEP, BEHIND, 1/4 TURN L FORW., STEP FORW.

1-2 RF side step, LF together
3&4 RF side step, LF together, RF side step
5&6 LF cross behind, RF side step, LF side step
7&8 RF cross behind, LF 1/4 turn L step forward, RF step forward

(S3) DIAG. HEEL GRINDS INTO ROCKING CHAIR, STEP DIAG. BACK, 1/2 DIAMOND

1&2& LF dig heel diag. R forw. with toes R, turn toes L & RF replace weight, LF step back, RF replace weight
3&4 LF dig heel diag. R forw. with toes R, turn toes L & RF replace weight, LF large step diag L backw. (10.30)
5&6 RF step back, LF 1/8 turn L side step (12.00), RF 1/8 turn L step forw. (1.30)
7&8 LF step forw., RF 1/8 turn L side step (3.00), LF 1/4 turn L step diag. backw. (3.00)

(S4) LOCK STEP, MAMBO STEP, POINTS, FLICK, CROSS, UNWIND FULL TURN

1&2 RF step back (3.00), LF cross, RF step back
3&4 LF step back, RF replace weight, LF step forward
5&6& RF touch toe R, RF together, LF touch toe forw., LF together,
7&8 RF kick back, RF cross, Full turn L(weight on RF)

(S5) LOCK STEPS 1/2 CIRCLE L, BOTAFOGO 2X

1&2& LF slightly L step forw., RF cross behind, LF slightly left step forw., RF cross behind
3&4 LF slightly L step forw., RF cross behind, LF step forward (3.00)
5&6 RF cross, LF side step, RF replace weight
7&8 LF cross, RF side step, LF replace weight

(S6) 1/4 PIVOT TURN 2X, STEPS, CROSS TOUCH BEHIND, HOLD & CLAP

1-2 RF step forw., 1/4 turn L
3-4 RF step forw., 1/4 turn L
5-6 RF step forw., LF step forw.
&7 RF step forw., LF cross touch behind
&8 hold & clap hands 2x right next to head (put weight on LF)

RESTART: Wall 5 dance up to count 8 of S4 (weight on LF), than start over.