

Um Dois Três (1 2 3)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Ray Hodson (UK) - May 2019
音樂: 1, 2, 3 (feat. Jason Derulo & De La Ghetto) - Sofía Reyes



#16 count intro

RUMBA BOX, BACK LOCK BACK, COASTER STEP

1&2, Side Right Together Forward,
3&4, Side Left Together Back
5&6. Back Lock Back RLR,
7&8 Coaster Step LRL (12.00)

STEP QUARTER CROSS, SIDE SHUFFLE, BACK ROCK SIDE, BEHIND SIDE CROSS

1&2, Step Forward Right, Turn ¼ L Stepping Left To Side, Cross Right Over Left. (09.00)
3&4, Side Shuffle (LRL)
5&6. Rock Right Behind Left, Recover On Left, Step Right To Right Side.
7&8 Behind Side Cross (LRL).

SIDE SHUFFLE RIGHT, ¼ L SIDE SHUFFLE, RIGHT MAMBO STEP, LEFT SAILOR STEP

1&2& Side Together Side (RLR) Right Hitch ¼ L (06.00)
3&4, Shuffle Left Side Together Side
5&6. Right Mambo Forward,
7&8 Left Mambo Back.

SHUFFLE WITH HIPS RIGHT AND LEFT, RIGHT SIDE MAMBO, LEFT SIDE MAMBO

1&2, Forward Shuffle With Hips To Right Diagonal On RLR (7.30)
3&4, Forward Shuffle With Hips To Left Diagonal On LRL (4.30)
5&6. Rock Right To Right Side Recover Together (6.00),
7&8 Rock Left To Left Side Recover Together (Use Hips!)

Restart have fun and use your Hips!

Ray Hodson - May 2019

Note, The track in part is in Portuguese (not Spanish) hence the title.
