拍數： 32
牅數： 4
級數：Easy Intermediate
編舞者：Bruce Tau（NZ）－April 2019
音樂：Gimme the Beat－Jody Direen ：（Album：Shake Up）

\＃24 count intro
［1－8］CROSS，SIDE ROCK，RECOVER，CROSS X 2． $1 / 4$ TURN， $1 / 2$ TURN，MAMBO
1，2\＆3 Step Right foot across in Front of Left foot，Rock Left foot to Left Side，Recover weight onto Right foot．Step Left foot across in Front of Right Foot
4\＆5 Rock Right foot to Right Side，Recover weight onto Left foot，Step Right foot across in Front of Left Foot
6，7 Make 1／4 turn Right and Step left foot Back，Make 1／2 turn Right and step Right foot Forward 8\＆1 Rock Left foot Forward，Recover weight onto Right foot，Step Left foot slightly Back［9 o＇clock］
［9－16］BACK，TOGETHER，STEP 1／2 PIVOT，ROCKS FORWARD，BACK，SIDE，BEHIND， $1 / 4$ TURN
2\＆3，4 Step Right foot Back，Step Left foot next to Right foot，Step Right foot Forward，Pivot $1 / 2$ turn Left
5\＆6\＆Rock Right foot Forward，Recover weight onto Left Foot．Rock Right foot Back，Recover weight onto Left foot
7\＆8\＆Rock Right foot to Right Side，Recover weight onto Left foot，Step Right foot Behind Left foot， Make 1／4 Turn Left and Step Left foot Forward［12 o＇clock］
［17－24］DOROTHY STEPS X 2，STEP $1 / 2$ PIVOT，WALK X 2
1，2\＆Step Right foot Forward to Right diagonal，Lock Left Foot Behind Right foot，Step Right foot Forward
3，4\＆Step Left foot Forward to Left diagonal，Lock Right foot Behind Left foot，Step Left foot Forward．
5，6，7，8 Step Right foot Forward，Pivot $1 / 2$ turn Left，Step Right foot Forward，Step Left foot Forward （Optional：make full turn left moving forward，instead of walk x2）［6 o＇clock］
［25－32］ROCK，RECOVER， $1 / 4$ TURN WEAVE，STOMP X 3，HOLD，BACK
1，2 Rock right foot Forward，Recover weight onto Left foot
\＆3\＆4 Make $1 / 4$ turn Right and Step Right foot to Right Side，Step Left foot across in Front of Left foot，Step Right foot to Right Side，Step Left foot Behind Right foot．
$5,6,7,8 \quad$ Stomp Right foot to Right Side．Stomp Left foot to Left Side，Stomp Right foot to Right Side， Hold，
\＆Step Left foot Together and slightly Back［9 o＇clock］

## Start Again

## Restarts：

During walls 3 \＆6，dance up to count 24 then restart facing the front wall．
During wall 7，dance up to count 15，on the following \＆count，Step Left foot to Left Side（removing the1／4 turn）and Restart facing the 3 o＇clock wall

Finish：During wall 11，dance up to count 15\＆，then do a $1 / 4$ turn Right Sailor Step（8\＆1）to finish facing the front．

