

If I Can't Have You

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Rosie Multari (USA) - May 2019
音樂: If I Can't Have You - Shawn Mendes : (amazon.com & iTunes)



NO Tags or Restarts!

Start after 3 seconds of music, on vocals, the first word "I" is count 1. If you have trouble hearing the very short musical lead in, start with weight on your R & move on count 2!

[1-8] R CROSS, L BACK, R BACK, L CROSS, R BACK, L BACK, R CROSS, L SIDE

1 2 3 4 Cross R over L (1), step diagonally back L (2), step diagonally back R (3), Cross L over R (4)
5 6 7 8 Step diagonally back R (5), step diagonally back L (6), cross R over L (7), step L to left side
(8) (12:00)

[9-16] BALL CROSS, STEP, SAILOR ¼ TURN LEFT, STEP DRAGS

&1,2 3&4 Step on R (&), cross L over R (1), step R to right side (2), cross L behind R turning 1/4 left (3)
Step R beside L (&) step forward on L (4) (9:00)
5 6 7 8 Step R forward slightly to right side (5) Drag L to R (6) step L forward slightly to left side (7)
Drag R next to L (8)

[17-24] ROCK FORWARD, TRIPLE ½ TURN, ROCK FORWARD, TRIPLE ¾ TURN

1,2 3&4 Rock R forward (1), recover on L (2), triple R, L, R turning ½ to right (3&4) (3:00)
5,6 7&8 Rock L forward (5), recover on R (6), triple L, R, L turning ¾ to left (7&8) (6:00)

[25-32] SYNCOPATED LOCK STEPS, STEP IN, KNEE POP, PIVOT TURN ¼ LEFT

1&2&3&4 Step R diagonally forward (1), lock L behind R (&), step R diagonally forward (2) Step L
diagonally forward (&), lock R behind L (3), step L diagonally forward (&), Step (or stomp) R
to right side (4)
&5&6 7,8 Step L in (&), step R next to L (5), lift heels, pop knees (&), drop heels, putting weight on L
(6), step forward R (7), pivot ¼ turn left, shifting wt to L (8) (3:00)

Updated September 28, 2019

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Last Update – 18 Oct. 2019