

Wynchester

拍數: 64 牆數: 2 級數: Advanced
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音樂: Walks of Life - Wynchester



[S1] TOE STRUT FORWARD (RIGHT, LEFT), KICK, HOOK, KICK RIGHT (TWICE)

1-2 Touch Forward On Right Toe, Drop Right Heel Taking Weight
3-4 Touch Forward On Left Toe, Drop Left Heel Taking Weight
5-6 Kick Right Forward, Hook Right Over Left
7-8 Kick Right Forward (Twice)

[S2] ROCK BACK RIGHT, STOMP RIGHT (TWICE), PIVOT 1/2 LEFT (TWICE)

1-2 Jumping Rock Back On Right And Kick Left Forward, Return Onto Left
3-4 Stomp Right Beside Left (Twice)
5-6 Step Right Forward, Pivot 1/2 Turn Left (06:00)
7-8 Repeat 5-6 (12:00)

[S3] GRAPEVINE RIGHT, STOMP, SWIVEL LEFT FOOT (TOE, HEEL, TOE), SCUFF

1-2 Step Right To Right Side, Cross Left Behind Right
3-4 Step Right To Right Side, Stomp Left Beside Right
5-6 Swivel Left Foot To Left Side (Toe, Heel)
7-8 * Swivel Left Toe To Left Side, Scuff Right Beside Left

[S4] JUMPING CROSS, KICK, CROSS, JUMP, ROCK BACK RIGHT, STOMP (TWICE)

1-2 Jumping Cross Right Over Left, Rock Back On Left And Kick Right Forward
3-4 Jumping Cross Right Over Left, Jump A Little Back On Left
5-6 Jumping Rock Back On Right And Kick Left Forward, Return Onto Left
7-8 Stomp Right Beside Left (Twice)

[S5] ROCKING CHAIR FORWARD RIGHT, FLICK AND SLAP, STOMP, TRAVELING APPLE JACK RIGHT

1-2 Rock Forward On Right, Return Onto Left
3-4 Rock Back On Right, Return Onto Left
5-6 Flick Up Right To Right Side And Slap Right On Right Heel, Stomp Right Beside Left
7-8 * Apple Jack To Right Side (Open Toes, Close Toes)

[S6] APPLE JACK, STOMP LEFT, TRAVELING APPLE JACK, APPLE JACKS (LEFT, RIGHT)

1-2 Apple Jack To Right Side Taking Toes To Centre, Stomp Left Beside Right
3-4 Apple Jack To Left Side (Open Toes, Close Toes)
5-6 Weight On Left Heel & Right Toe Swivel Left Toe & Right Heel To Left, Return Feet To Centre
7-8 Weight On Right Heel & Left Toe Swivel Right Toe & Left Heel To Right, Return Feet to Centre

[S7] VAUDEVILLE LEFT, KICK LEFT, STOMP UP, KICK SIDE, STOMP UP

1-2 Cross Right Over Left, Step Left Diagonally Back To Left
3-4 Touch Right Heel Diagonally Forward To Right, Step Right On Place
5-6 Kick Left Forward, Stomp Up Left Beside Right
7-8 Kick Left To Left Side, Stomp Up Left Beside Right

[S8] TURN 1/4 RIGHT, STOMP UP, TURN 1/4 RIGHT, STOMP UP, ROCK BACK LEFT, STOMP LEFT (TWICE)

1-2 Turn 1/4 Right And Step Left To Left Side, Stomp Up Right Beside Left (03:00)
3-4 Turn 1/4 Right And Step Right Forward, Stomp Up Left Beside Right (06:00)

5-6 Jumping Rock Back On Left And Kick Right Forward, Return Onto Right
7-8 Stomp Up Left Beside Right, Stomp Left Forward

REPEAT

***1' RESTART: after 3rd section of the 4th repetition (on 2nd wall)
(24th count is a Stomp Up Right Beside Left and no Scuff)**

****2' RESTART: after 5th section of the 8th repetition (on 1st wall)
(last 2 count of 5th section is a Toe Fan Right and no Apple Jack)**

BRIDGE: after 9th repetition (on 2nd wall)

GRAPEVINE RIGHT, SCUFF, LEFT SIDE, SCUFF, RIGHT SIDE, SCUFF

1-2 Step Right To Right Side, Cross Left Behind Right (06:00)
3-4 Step Right To Right Side, Scuff Left Beside Right
5-6 Step Left To Left Side, Scuff Right Beside Left
7-8 Step Right To Right Side, Scuff Left Beside Right

GRAPEVINE LEFT 1/2 TURN, SCUFF, GRAPEVINE RIGHT, SCUFF

1-2 Step Left To Left Side, Cross Right Behind Left
3-4 Step Left 1/2 Turn Left, Scuff Right Beside Left (12:00)
5-6 Step Right To Right Side, Cross Left Behind Right
7-8 Step Right To Right Side, Scuff Left Beside Right

LEFT SIDE, SCUFF, RIGHT SIDE, SCUFF, GRAPEVINE LEFT, STOMP RIGHT

1-2 Step Left To Left Side, Scuff Right Beside Left
3-4 Step Right To Right Side, Scuff Left Beside Right
5-6 Step Left To Left Side, Cross Right Behind Left
7-8 Step Left To Left Side, Stomp Right Forward

HEEL SWIVELS RIGHT (TWICE), PIVOT 1/2 RIGHT (TWICE) AND HOOK

1-2 Swivel Both Heels To Right Side, Return Both Heels On Centre
3-4 Repeat 1-2
5-6 Step Left Forward, Pivot 1/2 Turn Right (06:00)
7-8 Step Left Forward, Pivot 1/2 Turn Right And Hook Right Over Left (12:00)

LOCK FORWARD RIGHT, HOOK, LOCK BACK LEFT, HOLD

1-2 Step Right Forward, Lock Left Behind Right
3-4 Step Right Forward, Hook Left Behind Right
5-6 Step Left Back, Lock Right Across Left
7-8 Step Left Back, Hold

TURN 1/2 RIGHT WITH ROCK FORWARD RIGHT, TURN 1/2 RIGHT, HOLD, STOMP LEFT, HOLD, STOMP RIGHT, HOLD

1-2 Turn 1/2 Right On Left And Rock Forward On Right, Return Onto Left (06:00)
3-4 Turn 1/2 Right On Left And Step Right Forward, Hold (12:00)
5-6 Stomp Left Beside Right, Hold
7-8 Stomp Right Beside Left, Hold

SWIVEL RIGHT FOOT (TOE, HEEL, TOE), HOLD, SWIVEL RIGHT FOOT (TOE, HEEL), STOMP UP RIGHT (TWICE)

1-2 Swivel Right Foot To Right Side (Toe, Heel)
3-4 Swivel Right Toe To Right Side, Hold
5-6 Swivel Right Foot To Left Side (Toe, Heel)
7-8 Stomp Up Right Beside Left (Twice)

PIVOT 1/2 LEFT (TWICE), ROCK BACK LEFT, STOMP LEFT (TWICE)

1-2 Step Right Forward, Pivot 1/2 Turn Left (06:00)

3-4 Repeat 1-2 (Weight On Right) (12:00)

5-6 Jumping Rock Back On Left And Kick Right Forward, Return Onto Right

7-8 Stomp Up Left Beside Right, Stomp Left Forward
