

# Before I Go

拍數: 64      牆數: 2      級數: High Intermediate  
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - February 2019  
音樂: Before I Go - Guy Sebastian



## Intro .. 8 Counts

### Back, Drag, Coaster Step, Step, Anchor Step, 1/2.

- 1-2            Step back on Left, drag Right towards Left.  
3&4           Step back on Right, step Left next to Right, step Right forward.  
5-6&7        Step forward on Left, lock/rock Right behind Left, recover forward on Left, step back on Right.  
8              Make 1/2 turn to Left stepping forward on Left sweeping Right from back to front. (6.00)

### Hitch, Cross, Scissor Cross, 1/4, 1/2, Rock Step.

- 1-2            Hitch Right knee up and across Left, cross step Right over Left.  
3&4           Step Left to Left side, step Right next to Left, cross step Left over Right.  
5-6            Make 1/4 turn to Left stepping back on Right, make 1/2 turn to Left stepping forward on Left. (9.00)  
7-8            Rock forward on Right, recover back on Left.

### Back, Twist, Twist, 1/2 Sweep, Behind & Cross, Rock Step.

- 1-2            Step back on Right, twist both heels to Left as you make 1/2 turn to Right. (3.00)  
3-4            Twist both heels to Right as you make 1/2 turn to Left, make 1/2 turn to Left stepping back on Right sweeping Left from front to back. (3.00)  
5&6           Cross step Left behind Right, step Right to Right side, cross step Left over Right.  
7-8            Rock Right to Right side, recover side Left.

### Behind. 1/4, Step, 1/2, Run, Run, Run, Rock Step.

- 1-2            Cross step Right behind Left, make 1/4 turn Left stepping forward on Left. (12.00)  
3-4            Step forward on Right, make 1/2 turn to Right stepping back on Left. (6.00)  
5&6            Make 3/4 Arc stepping R-L-R (3.00)  
7-8            Rock forward on Left, recover back on Right.

### Back, Together, 1/4 Cross Shuffle. 1/4, 3/4 Dip, Side Rock Cross.

- 1-2            Step back Left, step Right next Left.  
3&4            Make 1/4 turn to Left cross stepping Left over Right, step Right to Right side, cross step Left over Right. (12.00)  
5-6            Make 1/4 turn to Right stepping forward on Right, step Left next to Right as you bend both knees and unwind upwards 3/4 turn to Right ending with weight on Left. (12.00)  
7&8            Rock Right to Right side, recover side Left, cross step Right over Left.

### Side Rock, Recover, Behind & Cross, Side, 1/4, 1/4, 1/8 Diagonal Cross Shuffle.

- 1-2            Rock Left to Left side, recover side Right.  
3&4            Cross step Left behind Right, step Right to Right side, cross step Left over Right.  
5-6            Step Right to Right side, make 1/4 turn to Left stepping Left to Left side. (9.00)  
7&8            Make 1/8 turn to Right as you cross step Right over Left, step Left to Left side, cross step Right over Left (10.30)

( You will be facing 10.30 but travelling towards 7.30 diagonal )

### 1/4, 1/2, 1/2, 1/2, Step, Rock, Recover, Back Sweep, Back Sweep.

- 1-2            Make 1/4 turn to Right stepping back on Left (1.30) make 1/2 turn to Right stepping forward on Right. (7.30)

- 3&4 Make 1/2 turn to Right stepping back on Left (1.30) make 1/2 turn to Right stepping forward on Right, step forward on Left (7.30)
- 5-6 Rock forward on Right, recover back on Left.
- 7-8 Step back on Right sweeping Left from front to back, step back on Left sweeping Right from front to back.

**1/8 Sailor, Back Rock, Recover, 1/4, Step 1/2, 1/4, Drag Touch.**

- 1&2 Cross step Right behind Left, make 1/8 turn to Left stepping Left to Left side, step Right to Right side. (6.00)
- 3-5 Cross rock Left behind Right, recover forward on Right, make 1/4 turn to Left stepping forward on Left.(3.00)
- 6&7 Step forward on Right, make 1/2 pivot turn to Left, make 1/4 turn to Left stepping Right to Right side.(6.00)
- 8 Drag Left toward Right touching Left next to Right.

**Restart Wall 2..**

**Dance Up To & Including Count 6 Section 6 Then Change 7&8 to..**

- 7-8 Make 1/4 Turn to Left stepping Right to Right side, Drag Left towards Right touching Left Toe next to Right.

**Tag at End Of Wall 4**

- 1-2 Step Left to Left side, step Right next to Left.
- 3-4 Step back On Left, step Right next to Left.

**Ending .. Dance Up to & Including Count 2 of Section 7 on Wall 5.. Then Step 1/2 Pivot Step to Front :)**

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