

Trail of Intuition

拍數: 64 牆數: 2 級數: Improver
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音樂: Trail of Intuition - Jacob Bellens



Intro: 32 counts

Heel shift right and left – Point right and Hold – Sailor step – Sailor ¼ turn

- 1 & Right heel forward (1) Right foot back beside left foot (&)
- 2 & Left heel forward (2) Left foot back beside right foot (&)
- 3 – 4 Point right toe to right side (3) and hold (4)
- 5 & 6 Cross right foot behind left, Step left foot to left side, step right foot to right side
- 7 & 8 Cross left foot behind right, Step right foot to right side ¼ turning left, step left foot forward

Heel shift right and left – walk right – Walk left – Rocking chair on right

- 1 & Right heel forward (1) Right foot back beside left foot (&)
- 2 & Left heel forward (2) Left foot back beside right foot (&)
- 3 – 4 Walk forward on right (3) Walk forward on left (4)
- 5 – 6 Rock forward on right foot (5) recover on left foot (6)
- 6 – 8 Rock back on right foot (7) recover on left foot (8)

Step ¼ turn to left – Cross Shuffle – Side Rock – Behind side cross

- 1 – 2 Step forward on right foot, make a ¼ turn left on ball
- 3 & 4 Cross right foot over left (3) step left foot to left side (&) Cross right foot over left (4)
- 5 – 6 Rock left foot to left side (5) recover on right foot (6)
- 7 & 8 Cross left foot behind right (7) step right foot to right side (&) Cross left foot in front of right

Side Close right – shuffle forward – Side touch left – Side touch right

- 1 – 2 Step right foot to right side (1) step left foot beside right foot (2)
- 3 & 4 step forward on right foot (3) step left foot beside right (&) Step forward on right foot
- 5 – 6 Step left foot to left side (5) touch right toe beside left foot (6)
- 7 – 8 Step right foot to right side (7) touch left toe beside right foot (8)

Side Close left – Shuffle back – Monterey ¼ turn to right

- 1 – 2 Step left foot to left side (1) step right foot beside left foot (2)
- 3 & 4 Step back on left foot (3) step right beside left (&) Step back on left foot
- 5 – 6 Point right foot to right side (5) Make a ¼ turn right on ball and close right foot beside left (6)
- 7 – 8 Point left foot to left side (7) and step left foot beside right (8)

Rock step right – Shuffle ½ turn – Rock step left – Coaster step

- 1 – 2 Rock forward on right foot (1) recover on left foot (2)
- 3 & 4 Make a ½ turn right, stepping forward on right (3) step left foot beside right (&) step right foot forward
- 5 – 6 Rock forward on left foot (5) Recover on right Foot (6)
- 7 & 8 Step left foot back (7) step right foot beside (&) step left foot forward (8)

Monterey ¼ turn right – Monterey ¼ turn right

- 1 - 2 Point right foot to right side (1) Make a ¼ turn right on ball and close right foot beside left (2)
- 3 – 4 Point left foot to left side (3) and step left foot beside right (4)
- 5 – 6 Point right foot to right side (5) Make a ¼ turn right on ball and close right foot beside left (6)
- 7 – 8 Point left foot to left side (7) and step left foot beside right (8)

Diagonally step forward touch - Diagonally back right touch x 2 (left-right) - ¼ turn left touch

- 1 – 2 Step right foot diagonally forward (1) touch left toe beside right foot (2)
- 3 – 4 Step left foot diagonally back (3) touch right toe beside left foot (4)
- 5 – 6 Step right foot diagonally back (5) touch left toe beside right foot (6)
- 7 – 8 Make a $\frac{1}{4}$ turn left, stepping left foot to left side (7) touch right toe beside left foot (8)

Last Update - 7 May 2019
