

Left, Right, Left

拍數: 64 牆數: 2 級數:
編舞者: Will Craig (USA) - April 2019
音樂: Left Right Left - Track Team Dropouts



Intro:16 Count Intro

Walk Left Right Left Right, Side Left, Cross Right Over, Side Triple Step

1 2 Walk forward L (1) Walk Forward R (2)
3 4 Walk forward L (3) Walk Forward R (4)
5 6 Step L to left side (5) Cross R over L (6)
7&8 Step L to left side (7) Step R next to L (&) Step L to left side (8)

Cross Rock Right Recover, Side Triple, Cross Left Over Right, 1/4 Turn, 1/4 Turn Rock, Recover

1 2 Cross rock R over L (1) Recover weight to L (2)
3&4 Step R to right side (3) Step L next to R (&) Step R to right side (4)
5 6 Cross L over R (5) Make 1/4 turn left stepping back on R (6)
7 8 Make 1/4 turn left rocking L to left side (7) Recover weight to R (8) (6:00)

Weave Left over Right, Sailor Step

1 2 Step L over R (1) Step R to right side (2)
3 4 Step L behind R (3) Step R to right side (3)
5 6 Step L over R (5) Step R to right side (6)
7&8 Step L behind R (7) Step R to right side (&) Step L next to R (8)

Cross Rock Reach, Triple 1/4 Turn, Step 1/2 Turn, Triple 1/4 Turn

1 2 Cross rock R over L (1) Recover weight to L (2)
3&4 Make 1/4 turn right Stepping R forward (3) Step L next to R (&) Step R forward (4)
5 6 Step L forward (5) Make 1/2 right weight to R (6)
7&8 Make 1/4 right Stepping L to left side (7) Step R to L (&) Step L to L side (8) (6:00)

Cross Rock and Cross, Side Step, Behind Side Cross, and Touch Switch Weight

1 2& Cross R over L (1) Rock L to left side (2) Recover weight to R (&)
3 4 Cross L over R (3) Step R to right side (4)
5&6& Step L behind R (5) Step R to right side (&) Step L over R (6) Step R to right side (&)
7 8 Touch L toe next to R (7) Put weight to L (8)

Rock Recover and Rock Recover, Full Box Turn Around

1 2& Rock R forward (1) Recover weight to L (2) Step R next to L (&)
3 4 Rock L forward (3) Recover weight to R (4)
5 6 Make 1/4 turn left stepping L to left side (5) Make 1/4 turn L stepping R to right side (6)
7 8 Make 1/4 turn left stepping L to left side (7) Make 1/4 turn L stepping R to right side (8) (6:00)

Walk Walk, Triple In place, Back Back, Coaster 1/4 Turn

1 2 Step forward L (1) Step Forward R (2)
3&4 Step L in place (3) Step R in place (&) Step L in place (4)
5 6 Step R back (5) Step L back (6)
7&8 Step R back (7) Make 1/4 turn left stepping L next to R (&) Step R forward (8) (9:00)

Rock Recover, Sailor 1/4 Turn, Arc Turn Walk Walk, Triple Step

1 2 Rock L forward (1) Recover weight to R (2)
3&4 Step L behind right making 1/4 turn left (3) Step R next to L (&) Step L to left side (4)

5 6 Starting a 1/4 turn left Arc around walking R (5) Finishing 1/4 Arch Walk L (6)
7&8 Starting a 1/4 turn left arc around stepping R (7) Step L next to R (&) Finishing 1/4 turn left
step R forward (8) (6:00)

Restarts:

Wall 2 dance till count 48 restart on the front wall

**Wall 5 dance till count 32 restart facing the back wall switch count 31&32 from a triple to 31 32 a Walk L Walk
R**

Have Fun and Enjoy!
