

Making Guacamole

COPPER KNOB
STEPPEDETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Pat Newell (USA) - April 2019
音樂: Guacamolé - Texas Tornados



Senior Dancing Series

Learning: step points, jazz box vines, pivots

#16 IN COUNT

WALK FORWARD R,L,R POINT L, WALK BACK L,R,L POINT R

1-4 Walk fwd R, L, R, point L to side

5-8 Walk back L,R,L, point R to side

STEP FORWARD R, POINT L, STEP FORWARD L POINT, JAZZ BOX ¼ RIGHT

1-4 Step R fwd, point L to side, step fwd, point R to side

5-8 Cross R O L, step back on L, turn ¼ R on R, step down on L - 3:00

VINE RIGHT WITH A TOUCH, VINE LEFT WITH A TOUCH

1-4 Step R to R, step L behind R, step R to R, touch L beside R

5-8 Step L to L, step R behind L, step L to L, touch R beside L

½ PIVOT LEFT, ½ PIVOT LEFT, JAZZ BOX

1-4 Step R forward, turn ½ L weight on L, step R forward turn ½ L weight on L

5-8 Cross ROL, step back on L, step on R, step forward on L

START AGAIN

Dance for the health of it
