

My Sister Rose

COPPERKNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Barbara Tobin (USA) - April 2019
音樂: My Sister Rose - 10,000 Maniacs : (amazon)



Restart Wall 7 after 24 counts (facing 12:00)

Intro: 32 counts. Weight on L

(1-8) Charleston, 1/4 right turn on R toe, step R, syncopated weave

1-4 Step R forward, kick L forward, step L back, touch R back
5,6 1/4 right turn on L ball step R to right, cross L over R [3:00]
7&8 Step R to right, cross L behind, step R to right

(9-16) Forward rock, 1/2 left turn triple, 1/2 left turn with sweep, behind, side, cross

1,2 Rock forward L, recover R
3&4 Make gradual 1/2 left turn triple: step L forward, close R, step L forward [9:00]
5,6 1/2 left turn step R back, sweep L front to back [3:00]
7&8 Cross L behind R, step R to right, cross L over R

(17-24) Side rock with hip sway, recover, cross shuffle, 3/4 left turn heel grind, mambo

1,2 Rock R to right and sway hips to right, recover L
3&4 Cross R over L, step L slightly to left, cross R over L
5,6 1/4 left turn step L heel forward, 1/2 left turn step R back (keeping L heel in place) [6:00]
7&8 Rock L back, recover R, step L forward

Restart here on Wall 7 (facing 12:00)

(25-32) 1/4 right turning jazz box, heel switch with hip x2

1,2 Cross R over left, 1/4 right turn step L back [9:00]
3,4 Step R to right, cross L over R
5,6 Step R slightly to right, touch L heel forward while swaying right hip to right
7,8 Close L next to R, touch R heel forward while swaying left hip to left

Please do not alter this step sheet in any way. If you would like to use it on your website, it must be used in its original format.

Contact the choreographer with your questions: barbara.tobin@yahoo.com 4/13/2019

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