

Roller Coaster Ride

拍數: 60 牆數: 2 級數: Intermediate
編舞者: Wil Bos (NL) & Hyunji Chung (KOR) - April 2019
音樂: Roller Coaster - Brent Lamb : (CD: Right Now It's Raining)



Info: Intro 16 counts from first heavy beat

K-Step, Lockstep Forward, Step Half Step

1&2& RF. Step diagonal forward - LF. Touch beside RF – LF. Step diagonal back - RF. Touch beside LF
3&4 RF. Step diagonal back - LF. Touch beside RF – LF. Step diagonal forward
5&6 RF. Step fwd - LF. Lock behind RF – RF. Step forward
7&8 LF. Step forward – RF. ½ Turn right step forward - LF. Step forward (6.00)

Mambo Step, Run Back x 3, Coaster Step, Step Half Step

1&2 RF. Rock forward – LF. Recover – RF. Step back
3&4 LF. Run small step back - RF. Run small step back - LF. Run small step back
5&6 RF. Step back – LF. Close beside RF – RF. Step forward
7&8 LF. Step forward – RF. ½ Turn right step forward - LF. Step forward (12.00) ** (Restart Wall 3)

Toe Struts R-L, Side Rock Cross, Toe Struts L-R, Cross Chassé ¼ L

1&2& RF. Step on Toe to right side - RF. Lower heel - LF. Step on Toe across RF - LF. Lower heel
3&4 RF. Rock to right side – LF. Step to right – RF. Cross over LF
5&6& LF. Step on Toe to left side - LF. Lower heel - RF. Step on Toe across LF - RF. Lower heel
7&8 LF. Step to left - RF. Close beside LF – LF. ¼ Turn left step forward (9.00)

Rocking Chair, Kickball Cross, Side Rock, Recover ¼ Turn L, Step Forward, Heel Strut Forward L-R

1&2& RF. Rock forward – LF. Recover – RF. Rock back – LF. Recover
3&4 RF. Kick forward - RF. Step on ball next to LF – LF. Cross over RF
5&6 RF. Rock to right side – LF. Recover ¼ turn left - RV. Step forward
7&8& LF. Step forward heel - LF. Lower toe – RF. Step forward on heel - RF. Lower toe (6.00)

Syncopated Modified Jazz-Box, ¼ turn L, Lockstep Fwd, Step Half Step, Full Triple Turn Left

1&2 LF. Cross over RF - RF. ¼ Turn left step back – LF. Step to left side
3&4 RF. Step fwd - LF. Lock behind RF – RF. Step forward
5&6 LF. Step forward – RF. ½ Turn right step forward - LF. Step forward
7&8 RF. ½ turn left step back – LF ½ turn left step forward – RF. Step Forward (9.00)

Lockstep Fwd. ¼ Scissor Step L, Modified Weave, Step Fwd ¼ Turn L,

1&2 LF. Step fwd - RF. Lock behind LF – LF. Step forward
3&4 RF. ¼ turn L step to right side - LF. Close beside RF – RF. Cross over LF(6:00)
5&6& LF. Step to left – RF. Cross behind LF – LF. Step to left – RF. Step on heel and Cross over LF
7&8 LF. Step to left - RF. Cross behind LF – LF. Step forward with ¼ turn left (3:00)

T Touch Right, Touch Beside, Touch Right, Behind Side Cross, Total ½ Roller Coaster Walk

1&2 RF. Touch to right - RF. Touch beside LF - RF. Touch to right
3&4 RF. Cross behind LF - LF. Step to left - RF. Cross over LF
5&6 Bending Your Knees down and go up again when you walk ¼ turn left L-R-L (9.00)
7&8 Bending Your Knees down and go up again when you walk ¼ turn left R-L-R (6.00)

(When you do the walk on count 5&6 Slap your hands twice on your leg just above your knee and after that raise both arms up above your head like you are in a roller-coaster, also do this on count 7&8)

Touch Left, Touch Beside, Touch Left, Behind, Side, Step Forward

1&2 LF. Touch to left - LF. Touch beside RF - LF. Touch to left

3&4 LF. Cross behind - RF. Step to the right side – LF. Step Forward (6.00)

Start again

**** Restart in wall 3 after 16 counts**

Wil Bos Line Dancers - www.wbos.nl - info@wbos.nl - Mobile Phone +31 653 53 18 23

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