

Mr. Lonely

COPPER KNOB
BY STEPBYS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Gail Smith (USA) - April 2019
音樂: Mr. Lonely - Midland



INTRO: 24 Counts. Or 16 counts from the hard downbeat. Begin on vocals.

LINDI R & L

1 & 2 Step R to side, Step L next to R foot, Step R to side
3 – 4 Rock L back, Recover onto L
5 & 6 Step L to side, Step R next to L foot, Step L to side
7 – 8 Rock R back, Recover onto R

K-STEP WITH DOUBLE AND SINGLE CLAPS

1 – 2 & Step R to fwd R diagonal, Touch L next to R foot as you double clap
3 – 4 Step L back to center position, Touch R next to L with one clap
5 – 6 & Step R to back R diagonal, Touch L next to R foot as you double clap
7 – 8 Step L fwd to center position, Touch R next to L foot with one clap

1/8 TURN L X 2, BOOGIE WALKS WITH JAZZ HANDS

1 – 2 Step R slightly fwd, pivot 1 / 8 turn L
3 – 4 Step R slightly fwd, pivot 1 / 8 turn L - 9:00
5 Step ball of R foot fwd to slight R diagonal and twist heel outward
6 Step ball of L foot fwd to slight L diagonal and twist heel outward
7 – 8 Repeat steps 5 – 6

Knees bent for boogie walks 5 – 8. JAZZ HANDS - Raise hands out to sides quickly rotating them back and forth at the wrist.

TOE STRUT JAZZ BOX WITH CROSS

1 – 2 Step R toes across L foot, Step R heel down
3 – 4 Step L toes back, Step L heel down
5 – 6 Step R toes to side, Step R heel down
7 – 8 Step L toes across R foot, Step L heel down

Start Again

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