

Cheer Up

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner NC2S
編舞者: Seong-Ah Shin (KOR) - April 2019
音樂: Cheer Up (산다는 건) - Hong Jin Young (홍진영)



Intro: 32count - No Tag No Restart

[1S] SYNCOPATED ROCK STEP, TOGETHER × 2, FWD WALK×3, TOGETHER STEP

1,2& Step Fwd Rf, Recover Lf, Together Rf
3,4& Step fwd Lf, back Rf, together Lf
5-8 Step fwb Rf, Fwd Lf, Fwd Rf, Together Lf

[2S] FWD ROCK STEP RECOVER, TURN 1/2 R SHUFFLE, TURN 1/4 CROSS SHUFFLE

1,2, Step Fwd Rf, Recover Lf,
3&4 Turn1/2 R, Fwd Shuffle Rf-Lf-Rf (6:00)
5,6 Turn1/4R Step Side Lf, Recover Rf,
7&8 Cross Shuffle Lf-Rf-Lf (9:00)

[3S] STEP SIDE, TOGETHER, FWD SHUFFLE, RECOVER, BACK SWEEP×2, BACK RECOVER

1,2 Step side Rf, Together Lf,
3&4 Fwd Shuffle Rf-Lf-Rf
5-8 Recover Lf with back sweep Rf, Recover Rf with back sweep Lf, Rock back Lf, Recover RF.

[4S] FWD WALK, TURN 1/4 L SIDE, RECOVER CROSS, SIDE TOE TOUCH, FWD, SIDE TOUCH, TOGETHER TOUCH

1-4 Step Fwd Lf, Turn1/4 L Side Rf Recover Lf, Cross Rf (6:00)
5-8 Step side toe touch Lf, Cross Lf, Side toe touch Rf, Together touch Rf. (6:00)

Enjoy the dance~♡

Last Update - 26 April 2019