

Flobamora

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Riny Kusumawati (INA) - March 2019
音樂: No Nama Crew - Flobamora Maju (Kupang Ntt)



INTRO 32 COUNTS :

A. STEP RIGHT SIDE SWAY – CHASSE – STEP LEFT SIDE SWAY – CHASSE

1&2& Step R to right side sway to R, touch L, sway to L, touch R
3&4 Chasse to right side R-L-R
5&6& Step L to left side sway to L, touch R, sway to R, touch L
7&8 Chasse to left side L-R-L

B. REPEAT A

C. LEFT DIAGONAL ROCKING CHAIR-STEP SIDE-RIGHT DIGONAL ROCKING CHAIR-STEP SIDE

1& Rock R forward left diagonal, recover on L
2& Rock R backward diagonal, recover on L
3&4 Rock R forward left diagonal, recover on L, step R to right side
5& Rock L forward right diagonal, recover on R
6& Rock L backward diagonal, recover on R
7&8 Rock L forward right diagonal, recover on R, step L to left side

D. REPEAT C

MAIN DANCE :

I. RUN FORWARD – HIP BUMP – RUN BACKWARD – HIP BUMP

1&2 Run Forward R-L-R
3&4 Touch L to diagonal left push L hip bump left up, L hip bump left down
5&6 Run Backward L-R-L
7&8 Touch R to diagonal right push R hip bump right up, R hip bump right down

II. VAUDEVILLE RIGHT DAN LEFT – ANCHOR STEP BACK RIGHT 2x AND LEFT 2x

1&2& Step R to side, cross L over R, Step R to side, touch L heel to side
3&4& Step L to left side, cross R over L, Step L to left side, touch R heel to side
5&6 Step R back with both knee bend go up (2x) push chess forward
7&8 Step L back with both knee bend go up (2x) push chess forward

III. STEP SIDE SWAY – CHASSE – ¼ TURN STEP SIDE SWAY – CHASSE

1&2& Step R to right side sway to R, touch L, sway to L, touch R
3&4 Chasse to right side R-L-R
5&6& Turn ¼ Right, Step L to left side sway to L, touch R, sway to R, touch L
7&8 Chasse to left side L-R-L

IV. V STEP – BACKWARD RIGHT DIAGONAL -TOUCH- BACKWARD LEFT DIAGONAL -TOUCH

1-2 Step R to right diagonal, step L to left side
3-4 Step R back to centre, step L beside R
5-6 Backward R to right diagonal, touch L beside R
7-8 Backward L to left diagonal, touch R beside L

TAG AND RESTART : ON WALL 9 AFTER 30 COUNTS : HOLD 1 COUNT AT PLACE

TAG : ON WALL 10 AFTER 32 COUNTS :

1-2 STEP R BACK AND STEP L TOGETHER

Enjoy the dance

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