

Cheap Shades

COPPER KNOB
BY STEPHEN

拍數: 48
編舞者: Johanna Barnes (USA) - April 2019
音樂: Cheap Shades - Trevor Panczak

牆數: 2

級數: Easy Intermediate



(32 count intro)

[1~8]: R ROCK OUT-RECOVER, WEAVE L, TWO L ¼ STEP-TURNS R

- 1, 2, 3&4 rock R out to right side, recover weight to L (1, 2); step R behind L, step L to left side, step R across L (3 & 4)
5, 6, 7, 8 step L forward (5), make a ¼ turn right, weight ends on R (6); repeat (L step ¼ turn right) [6:00] (7, 8)

[9~16]: L STEP FWD, R ¼ HITCH L, R CHASSE (SIDE SHUFFLE), L CROSS-ROCK-RECOVER, L CHASSE

- 1, 2, 3&4 L step forward (prep position) (1); hitch R knee as you make a ¼ turn left (no weight R) [3:00] (2); R step to right side, L step next to R, R step to right side (3 & 4)
5, 6, 7&8 L rock across R (5); recover weight R (6); L step to left side, R step next to L, L step to left side (7 & 8)

[17~24]: SLINGSHOT TURN; R CROSS ¼ BACK R, ¼ R-POINT L, ¼ L, ½ L BACK R, ¼ L SHUFFLE

- 1, 2, 3, 4 R step across L (1); turn ¼ right, stepping back on L (2); turn ¼ right stepping out onto R (3); point L to left side [9:00] (4)
5, 6, 7&8 make ¼ turn left stepping forward onto L (5); make ½ turn left stepping back onto R [12:00] (6); (1/4 left shuffle) step L making an 1/8 turn left, step R next to L, L step making an 1/8 turn left [9:00] (7 & 8)

[25~32]: SYNCOPATED JAZZ CROSS-UNWIND ½ TURN R, BACK-BACK-HOLD, BACK ROCK-RECOVER

- 1, 2, &3,4 R cross over L (1); step back onto L (2); R small step to R side (&); L step across R (3); unwind ½ turn right, weight ends onto L [3:00](4)
& 5, 6 small step back onto R (&); small step back and out onto L (to match R) (5); hold (6)
7, 8 rock back onto R (7); recover weight forward onto L (8)

[**RESTART here, just once on wall (phrase/pattern) 5; After these first 32 counts (which begin on your original 12:00 start wall), step forward onto R for count 1, make a ¼ turn left onto your L for count 2, then proceed with your left weave for counts 3 & 4 (you will be facing your same original start wall again for the restart).]

[33~40]: R STEP-LOCK-STEP- L STEP-LOCK-STEP- R STEP ½ PIVOT L

- 1,2,3,4 R step forward toward right diagonal [4:00] (1); L step behind R (2); R step forward (3); L step forward (4)
5,6,7,8 R step behind L (5); L step forward (6); R step forward (7); pivot ½ turn left onto L [10:00] (8)

[41~48]: R STEP-LOCK-STEP- L STEP-LOCK-STEP- R STEP PIVOT L TO NEW WALL (¼ +)

- 1,2,3,4 R step forward (1); L step behind R (2); R step forward (3); L step forward (4)
5,6,7,8 R step behind L (5); L step forward (6); R step forward (7); pivot ¼+ turn left onto L to finish at new wall [6:00] (8)

(BEGIN AGAIN, and most certainly DWYF!)

V1

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This step description is intended to be a guideline. Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel. <http://www.youtube.com/user/DanceWhatYouFeel>

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