

This Love

拍數: 64 牆數: 2 級數: Phrased Novice
編舞者: Marianne Langagne (FR) - April 2019
音樂: This Love - Michael Ray : (iTunes)



Intro : 16 counts after guitar solo

Phrased: A, A (16 counts), B, A (Restart after 16 counts), A, A (16 counts), B, A, A, A (16 counts), B, A, A (8 counts-final)

PART A : 32 Counts

[1 à 8] SIDE ROCK, CROSS TRIPLE, SIDE ROCK, BEHIND SIDE CROSS

1 – 2 RF to R side, recover on LF
3 & 4 Cross RF over LF, LF to L side, RF cross over LF
5 – 6 LF to L side, recover on RF
7 & 8 LF behind RF & RF to R side, LF cross over RF

[9 à 16] R ¼ TURN, DOROTHY STEP, L STEP LOCK STEP (DIAG), CROSS ROCK, R ¼ TURN, SIDE, TOGETHER

1 – 2 & R ¼ turn – Large R step diagonally, LF cross behind RF & RF forward 3H
3 & 4 LF diagonally L & RF cross behind LF, LF forward
5 – 6 RF cross over LF, recover on LF
7 – 8 R ¼ turn – RF to R side, LF next to RF (weight on LF) 6H

(Restart here)

[17 à 24] SIDE, TOGETHER, TRIPLE FWD, SIDE, TOGETHER, TRIPLE FWD

1 – 2 RF to R side, LF next to RF (weight on LF)
3 & 4 RF forward & LF next to RF, RF forward
5 – 6 LF to L side, RF next to LF (weight on RF)
7 & 8 LF forward & RF next to LF, LF forward

[25 à 32] ROCK FWD, R ½ TURN-STEP, R ¼ TURN-SIDE, BACK, L ¼ TURN-STEP, KICK BALL CHANGE

1 – 2 RF forward, recover on LF
3 – 4 R ½ turn - RF forward (12h), R ¼ turn - LF to L side (3h)
5 – 6 RF cross behind LF, L ¼ turn - LF forward (12h)
7 & 8 R Kick & RF next to LF, recover on LF

PART B : 32 Counts (during “skates”, lift the palm D and then G towards the sky.. bring them down during the Triple Fwd)

[1 à 8] SKATE, TRIPLE FWD, ROCK FWD, L ½ TURN – TRIPLE FWD

1 – 2 RF diag forward R, LF next RF – LF diag L forward
3 & 4 RF forward & LF next to RF, RF forward
5 – 6 LF forward, recover on RF
7 & 8 L ½ turn – LF forward & RF next to LF, LF forward (6h)

[9 à 16] SKATE, TRIPLE FWD, ROCK FWD, L ½ TURN – TRIPLE FWD

1 – 2 RF diag forward R, LF next to RF – LF diag forward L
3 & 4 RF forward & LF next to RF, RF forward
5 – 6 LF forward, recover on RF
7 & 8 L ½ turn – LF forward & RF next to LF, LF forward (12h)

[17 à 24] MODIFIED HEEL – JACK STEP, L SIDE, HOLD & L SIDE, TOUCH

1 – 2 RF to R side, LF behind RF
& 3 & 4 (&) RF diag back, L heel diag forward & LF next to RF, RF cross over LF

5 – 6 LF to L side, Hold
& 7 – 8 (&) RF next to LF, LF to L side, touch R point next to LF

[25 à 32] ROLLING VINE ON R, TOUCH, ROCK FWD, HEEL SWITCH R & L & TOGETHER

1 – 2 RF ¼ turn to the R, R ½ turn – LF back
3 – 4 R ¼ turn – RF to the R, touch L point next to RF
5 – 6 LF forward, recover on RF
& 7 & 8 (&) LF next to RF, R heel forward & RF next to LF, L heel forward
& LF next to RF (weight on LF)

Final: The dance ends at noon, at the 8th count of Part A

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