

Ahora Lloras Tu

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BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
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音樂: Ahora Lloras Tú (feat. CNCO) - Ana Mena



NO TAGS ... NO RESTART

I. BOTAFOGO – BOTAFOGO – FORWARD MAMBO – COASTER STEP

1&2 Cross R over L, Ball L to side, Step R in place
3&4 Cross L over R, Ball R to side, Step L in place
5&6 Step R forward, Recover on L, Step R back
7&8 Step L back, Close R beside L, Step L forward

II. CHASSE – TURN ¼ LEFT – SAILOR STEP – STEP – LOCK – LOCK SHUFFLE

1&2 Step R to side, Close L beside R, Step R to side
3&4 Turn ¼ L Cross L behind R, Step R to side, Step L forward
5, 6 Step R forward, Lock L behind R
7&8 Step R forward, Lock L behind R, Step R forward

III. FORWARD MAMBO – BACKWARD MAMBO – VOLTA ½ TURN LEFT

1&2 Step L forward, Recover on R, Step L back
3&4 Step R back, Recover on L, Step R forward
5&6&7&8 Turn 1/8 L Step L forward, Step R next to L, Turn 1/8 L Step L forward, Step R next to L, Turn 1/8 L Step L forward, Step R next to L, Turn 1/8 Step L forward

IV. SIDE MAMBO – SIDE STEP – 3X HIP BUMPS – CROSS ROCK – RECOVER - SIDE

1&2 Step R to side, Recover on L, Close R beside L
3&4 Step L to side Hip Bumps (L, R, L)
5&6 Cross R over L, Recover on L, Step R to side
7&8 Cross L over R, Recover on R, Step L to side

Enjoy the dance.....

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