

Sha La La

拍數: 64 牆數: 2 級數: Phrased Beginner
編舞者: Amy Yang (TW) & BM Leong (MY) - April 2019
音樂: Sha La La (莎啦啦) - Huang Hui Yi (黃慧儀)



Intro : 48 counts. SOD: AABBTAg/AABBTAg/AABBBBB

Part A : 32 counts

A1: RIGHT VINE, SIDE ROCK, CROSS CHA CHA

1 - 4 Step R to right side, cross L behind R, Step R to right side, cross L over R
5-6, 7&8 Step R to right side, recover onto L, Cross cha cha on RLR

A2: SIDE, BEHIND, HALF TURN LEFT, LEFT LINDY

1 - 4 Step L to left side, cross R behind L, 1/4 turn left step L forward, 1/4 turn left step R to right side(06:00)
5-6, 7&8 Cross L behind R, recover onto R, Cha cha to left side on LRL

A3: CHA CHA BOX

1-2, 3&4 Step R to right side, step L beside R, Cha cha forward on RLR
5-6, 7&8 Step L to left side, step R beside L, Cha cha backward on LRL

A4: BACK ROCK, FORWARD CHA CHA, FORWARD ROCK, COASTER STEP

1-2, 3&4 Rock R back, recover onto L, Cha cha forward on RLR
5-6, 7&8 Rock L forward, recover onto R, Coaster step on LRL

Part B : 32 counts

B1: WALK, WALK, WALK, CLAP, CLAP, CLAP, LEFT SIDE MAMBO-TOUCH

1-3, 4&5 Along the right diagonal, walk forward on RLR, Clap-clap-clap(01:30)
6 - 8 Rock L to left side, recover onto R, touch L beside R

B2: BACK-TOUCH X 4

1 - 4 Step L back diagonally, touch R beside L, Step R back diagonally, touch L beside R
5 - 8 Step L back diagonally, touch R beside L, Step R back diagonally, touch L beside R

B3: WALK, WALK, WALK, CLAP, CLAP, CLAP, RIGHT SIDE MAMBO-TOUCH

1-3, 4&5 Along the left diagonal, walk forward on LRL, Clap-clap-clap(10:30)
6-8 Rock R to right side, recover onto L, touch R beside L

B4: BACK, TOUCH, BACK, TOUCH, 1/4 LEFT - SIDE, TOUCH, 1/4 LEFT - SIDE, TOUCH

1 - 4 Step R back diagonally, touch L beside R, Step L back diagonally, touch R beside L
5 - 8 1/4 turn left step R to right side, touch L beside R, 1/4 turn left step L to left side, touch R beside L

Start again.

TAG: 8 COUNTS

1-2 Step R to right side dropping right shoulder, touch L beside R levelling shoulder
3-4 Step L to left side dropping left shoulder, touch R beside L levelling shoulder
5-6 Step R to right side dropping right shoulder, touch L beside R levelling shoulder
7-8 Step L to left side dropping left shoulder, touch R beside L levelling shoulder

Ending : After wall 15, do an extra pivot 1/2 turn L to face 12:00 and end

FORWARD, PIVOT 1/2 TURN L

1 - ↻2 Step LF forward, Pivot 1/2 turn L step RF forward(facing 12:00)

Have Fun & Happy Dancing!

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