

On My Sleeve

拍數: 32
編舞者: Adam Åstmar (SWE) - April 2019
音樂: Sleeve - Jordan Smith

牆數: 2
級數: High Intermediate



Intro: 8 counts, starting on the word 'times'.

Sect – 1: Step 1 / 2 Turn. 1 / 2. Behind. Side. Twinkle 1 / 4. Step. Step & Kick. Back & Sweep. Shuffle 1 / 2.

- 1a2a (1) Step forward on RF. (a) Turn 1 / 2 to the left placing weight on LF. (2) Turn 1 / 2 to the left stepping back on RF, sweeping LF from front to back. (a) Step LF slightly behind RF. {12:00}
- 3–4&a (3) Step to the right on RF. (4) Cross LF over RF. (&) Rock to the right on RF. (a) Turn 1 / 4 to the left stepping forward on LF. {9:00}
- 5–6 (5) Step forward on RF. (6) Step forward on LF and slowly kick RF forward.
- 7–8&a (7) Step back on RF, sweeping LF from front to back. (8) Turn 1 / 4 stepping to the left on LF. (&) Close RF next to LF. (a) Turn 1 / 4 to the left stepping forward on LF. {3:00}

Sect – 2: Triple Full Turn Forward. Twinkle. Weave. 1 / 4 & Sweep. Step & Sweep. Step 1 / 2 Turn. Step. Full Turn.

- 1&a2 (1) Turn 1 / 2 to the left stepping back on RF. (&) Turn 1 / 2 to the left stepping forward on LF. (a) Step forward on RF. (2) Step forward on LF, sweeping RF from back to front. {3:00}
- 3&a (3) Cross RF over LF. (&) Rock to the left on LF. (a) Recover on RF.
- 4&a (4) Cross LF over RF. (&) Step to the right on RF. (a) Step LF behind RF.
- 5–6 (5) Turn 1 / 4 to the right stepping forward on RF, sweeping LF from back to front. (6) Step forward on LF, sweeping RF from back to front. {6:00}

Note! - Restart here on wall 2, facing 12'00 -

- 7–8&a1 (7) Step forward on RF and slowly start turning 1 / 2 to the left. (8) Finish the 1 / 2 turn left and place weight on LF. (&) Step slightly forward on RF prepping body to the left. (a) Turn 1 / 2 to the right stepping back on LF. (1) Turn 1 / 2 to the right stepping forward on RF, sweeping LF from back to front. {12:00}

Sect – 3: Weave & Sweep. Behind-Side-Cross. Prissy Walk Diagonally Forward. Step 1 / 2 Turn. Jazz Box 3 / 8.

- 2a3 (2) Cross LF over RF. (a) Step to the right on RF. (3) Step LF behind RF, sweeping RF from front to back.
- 4&a (4) Step RF behind LF. (&) Step to the left on LF. (a) Turn 1 / 8 to the left stepping RF slightly across LF. {10:30}
- 5–6a (5) Walk forward on LF, slightly crossing over RF. (6) Walk forward on RF, slightly crossing over LF. (a) Step forward on LF.
- 7–8&a (7) Turn 1 / 2 to the right placing weight on RF. (8) Slightly cross LF over RF. (&) Turn 1 / 8 to the left, stepping back on RF. (a) Turn 1 / 4 to the left, stepping to the left on LF. {12:00}

Note! - Restart here on wall 6, facing 6'00 -

Sect – 4: Cross. Side Rock. Cross. 5 / 8 Fan Turn. Run Diagonally Forward. Rock Forward. Big Side Step & Drag. Ball. Step & Kick. Coaster Step.

- 1–2&a (1) Cross RF over LF. (2) Rock to the left on LF. (&) Recover on RF. (a) Cross LF over RF.
- 3–4&a (3) Step to the right on RF, turning 5 / 8 to the left, keeping LF extended forward and slightly off the ground. (4, &, a) Run forward on LF, RF, LF. {4:30}
- 5a6a (5) Rock forward on RF. (a) Recover on LF. (6) Turn 1 / 8 to the right, taking a big step to the right on RF & drag LF. (a) Ball step LF next to RF. {6:00}

Note! - Restart here on wall 4, facing 12'00 -

- 7–8&a (7) Step forward on RF kicking LF forward. (8) Step back on LF. (&) Close RF next to LF. (a) Step forward on LF.

Ending: On wall 8, section 2 after counts 8 & a, you step forward on RF, sweeping LF from back to front and

drag you R hand over your L arm, marking the words "On My Sleeve".

Restarts occur at every even wall. Walls 2 & 4 towards {12:00} and wall 6 towards {6:00}.

Have fun!
