

For Your Sixteen

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Miko Yamamoto (INA) - April 2019
音樂: For Your Sixteen by Mike Lane



Intro: 16 Count - No Tag – No Restart

S1: LINDY RIGHT, LINDY LEFT

1&2 Step R to side, Step L together, Step R to side
3-4 Rock L back, Recover on R
5&6 Step L to side, Step R together, Step L to side
7-8 Rock R back, Recover on L

S2: ROCKING CHAIR, SLOW FORWARD LOCK SHUFFLE, BRUSH

1-4 Rock R forward, Recover on L, Rock R back, Recover on L
5-8 Step R forward, Lock L behind R, Step R forward, Brush L forward

S3: FORWARD, TOUCH, BACK, BACK, OUTSIDE TOUCH, HOOK, OUTSIDE TOUCH, FLICK

1-4 Step L forward, Touch R beside L, Step R back, Step L back
5-8 Touch R outside R, Hook R over L, Touch R outside R, Flick

S4: FORWARD ROCK, RECOVER, ¼ TURN RIGHT CHASSE WITH ¼ TURN, FORWARD ROCK, RECOVER, ¼ TURN LEFT CHASSE

1-2 Rock R forward, Recover on L
3&4 Make ¼ turn R step R to side, Step L together, Make ¼ turn R step R forward
5-6 Rock L forward, Recover on R
7&8 Make ¼ turn L step L to side, Step R together, Step L to side

Have Fun !

For more information about the dance contact: febe.yamamoto@yahoo.com