

Anabel (Chair Dance)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Beginner Chair dance
編舞者: Rita Ensminger (USA) - April 2019
音樂: King of the Road - The Proclaimers



Alt. music: Blue Hawaii by Ray Conniff

HEEL STEPS, POINT STEPS

1-4 R heel forward, R step together, L heel forward, L step together
5-8 R point side, R step together, L point side, L step together

SHOULDER SHRUGS

1-4 R shoulder shrugs toward left with elbows bent
5-8 L shoulder shrug toward right with elbows bent

HEEL TAPS, STEP TOGETHER

1-4 R heel tap fwd, R heel tap fwd, R heel tap fwd, R step together
5-8 L heel tap fwd, L heel tap fwd, L heel tap fwd, L step together

SHOULDER FORWARD - ARMS EXTENDED w/SNAPS

1-8 L shoulder forward w/arms toward R with finger snaps
5-8 R shoulder forward w/arms toward L with finger snaps

REPEAT
