

# Ocean

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Carrie Ann Earl (ES) - April 2019  
音樂: Ocean - Parachute : (iTunes)



**Intro: 8 second, start on the lyrics - 1 Restart, 1 tag/Restart**

## **S1: RIGHT FIGURE OF 8 GRAPEVINE**

1-2-3      Step right to right side – step left behind right – ¼ turn right stepping right forward (3:00)  
4-5      Step left forward – pivot ½ turn right (9:00)  
6-7-8      ¼ turn right stepping left to left side (12:00) – step right behind left – ¼ turn left stepping left forward (9:00)

## **S2: SHUFFLE FORWARD, SYNCOPATED ROCK STEPS, RIGHT BACK LOCK**

1&2      Shuffle forward stepping Right, Left, Right,  
3-4&      Rock Forward on Left recover onto Right, close Left next to Right  
5-6      Rock Forward onto Right, recover onto Left  
7&8      Step back on Right, lock Left across in front of Right, step back Right

## **S3: TOUCH TOE BACK, UNWIND, ½, STEP FORWARD, PIVOT ¼, CROSS SIDE, CROSS SHUFFLE**

1-2      Left Touch toe back – Unwind ½ turn Left (weight on LF) (3:00)  
3-4      Step forward on Right, Pivot ¼ turn Left (weight on LF) (12:00)  
5-6      Cross Right over left, step Left to left side  
7&8      Cross Right over left, step left to side, cross Right over left (styling: dip down on the crosses)

## **S4: POINT, FLICK ¼, SHUFFLE FORWARD, JAZZ BOX**

1-2      Point Left toe out to left side, flick left back to left making a ¼ turn right swivelling the ball of right foot(3:00)  
3&4      Shuffle forward stepping Left,Right,Left  
5-6      Cross Right over Left, step back on Left  
7-8      Step Right to Right Side, Step forward on Left

**(RESTART ON WALL 5 - FACING 3:00)**

## **S5: STEP ½ PIVOT TURN LEFT, SHUFFLE ½ TURN LEFT, WALK BACK LEFT & RIGHT, COASTER STEP**

1-2      Step Forward On Right Foot, Pivot ½ Turn Left (weight on LF) (9:00)  
**(WALL 6 - DO ANOTHER STEP ½ TURN AND RESTART FROM THE BEGINNING (6:00))**  
3&4      Shuffle ½ Turn Left Stepping Right, Left, Right (3:00)  
5-6      Walk Back On Left Foot, Walk Back On Right Foot  
7&8      Step Back On Left, Close Right To Left, Step Left forward

## **S6: FORWARD ROCK, TRIPLE ¾ TURN, ROCKING CHAIR**

1-2      Rock forward on right. Recover onto left.  
3&4      Triple step ¾ turn right, stepping - right, left, right (12:00)  
5-8      Rock forward on Left. Recover onto Right. Rock back on Left. Recover onto Right

## **S7: FORWARD ROCK, TRIPLE 1/2 TURN LEFT, CROSS POINT X 2**

1-2      Rock forward on left. Recover onto right  
3&4      Triple Step ½ turn left, stepping Left, Right, Left (6:00)  
5-6      Cross right over left, point left to left  
7-8      Cross left over right, point right to right

## **S8: CROSS ¼ BACK, HEEL BALL CROSS, SIDE TOUCH X 2**

1-2      Cross Right over Left, Step back on Left turning ¼ Right (9:00)

3&4 Touch heel of Right foot forward, step ball of Right foot back to place, cross Left over Right  
5-6 Step Right to right side, touch Left next to Right  
7-8 Step Left to left side, touch Right next to Left

#### **RESTARTS**

**Wall 5 – Section 4 – restart the dance after count 8 – Jazz Box, you will be facing 3:00**

**Wall 6 - Section 5 – after counts 1-2 (step pivot ½) do another step ½ pivot: Step Forward On Right Foot, Pivot 1/2 Turn Left, then restart the dance from the beginning, you will be facing 6:00**

**ENDING: Wall 8 – Dance up to Section 5, dance counts 1-2 to face front**

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