

# Tough

拍數: 32      牆數: 2      級數: Improver  
編舞者: Hiroko Carlsson (AUS) - April 2019  
音樂: Tough (feat. Noah Kahan) - Quinn XCII : (iTunes)



(16 count intro)

**[S1] Fwd-Heel Twist RL, Step-Pivot 1/2L, Fwd, Fwd**

1&2      Step forward on R, Twist both heels to right, Recover heels to the centre  
3&4      Step forward on L, Twist both heels left, Recover heels to the centre weight ends on L  
5 6      Step forward on R, Make a ½ turn left recover weight on L (6:00)  
7 8      Step forward on R, Step forward on L

**[S2] Side-Mambo RL, Step-Pivot 1/4L, Cross, Side**

1&2      Rock/step R to right, Recover weight on L, Step R together  
3&4      Rock/step L to left, Recover weight on R, Step L together  
5 6      Step forward on R, Make a ¼ turn left recover weight on L (9:00)  
7 8      Cross R over L, Step L to left\*\*

**[S3] Behind w/Sweep, Behind-Side-Cross Rock, Side w/ 1/4R Sweep, Coaster Step**

1 2      Step R behind L, Sweeping L around R  
3&4&      Step L behind R, Step R to side, Rock/cross L over R, Recover weight on L  
5 6      Step L to side, Make a ¼ turn right on ball of left foot sweeping R around L (6:00)  
7&8      Step back on R, Step L next to R, Step forward on R

**[S4] Dorothy Step LR, Step-Pivot 1/4R, Coaster Step**

1 2&      Step diagonally forward on L, Lock/step R behind L, Step diagonally forward on L  
3 4&      Step diagonally forward on R, Lock/step L behind R, Step diagonally forward on R  
5 6      Step forward on L, Make a ¼ turn right recover weight on R (3:00)  
7&8      Step back on L, Step R next to L, Step forward on L

**Repeat**

**Restart: Wall 2 count 16\*\* (12:00) and Wall 6 count 16\*\* (6:00)**

Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 17/Apr/19)