

Plenty Far To Fall

COPPERKNOB
BY STEPHEN

拍數: 72 牆數: 1 級數: Phrased High Beginner / Improver
編舞者: Sophie Ruhling (FR) - April 2019
音樂: Plenty Far to Fall (feat. Clare Bowen & Sam Palladio) - Nashville Cast



start on lyrics **NO TAG NO RESTART**

phrasing: A-B-A-B (song lasts 1'20) for the live concert version

phrasing: A-B-A-B-A sections 1&3-B-A-A section 1 (song lasts 2'14) for the original version The Music Of Nashville Soundtrack Season 4 Volume 1

PART A

SECT.1 TRIPLE STEPS R FWD TO R DIAGONAL, TRIPLE STEPS L FWD TO L DIAG, VINE R TO R SIDE, TOUCH L

1&2 walk R to R diagonal, walk L beside R, walk R to R diagonal
3&4 walk L to L diagonal, walk R beside L, walk L to L diagonal
5-6 step R to R side, cross L behind R
7-8 step R to R side, touch L beside R

SECT.2 L HEEL, R BALL, L BALL, R HEEL, THREE STEP TURN TO R SIDE, TOUCH L

1&2& dig L heel fwd, step L in place, touch R toe behind L, step R in place
3&4& touch L toe behind R, step L in place, dig R heel fwd, touch R toe in place (weight on L)
5-6 1/4 turn R walk R, 1/4 turn R step L to L side
7-8 1/2 turn R step R to R side, touch L beside R

SECT.3 TRIPLE STEPS L FWD TO L DIAGONAL, TRIPLE STEPS R FWD TO R DIAG, VINE L TO L SIDE, TOUCH R

1&2 walk L to L diagonal, walk R beside L, walk L to L diagonal
3&4 walk R to R diagonal, walk L beside R, walk R to R diagonal
5-6 step L to L side, cross R behind L
7-8 step L to L side, touch R beside L

SECT.4 R HEEL, L BALL, R BALL, L HEEL, THREE STEP TURN TO L SIDE, TOUCH R

1&2& dig R heel fwd, step R in place, touch L toe behind R, step L in place
3&4& touch R toe behind L, step R in place, dig L heel fwd, touch L toe in place (weight on R)
5-6 1/4 turn L walk L, 1/4 turn L step R to R side
7-8 1/2 turn L step L to L side, touch R beside L

PART B

SECT.1 TRIPLE STEPS R FWD TO R DIAGONAL, STOMP R, TRIPLE STEPS L FWD TO L DIAGONAL, STOMP L

1&2& walk R to R diagonal, walk L beside R, walk R to R diagonal, walk L beside R
3&4 walk R to R diagonal, walk L beside R, stomp R to R diagonal
5&6& walk L to L diagonal, walk R beside L, walk L to L diagonal, walk R beside L
7&8 walk L to L diagonal, walk R beside L, stomp L to L diagonal

SECT.2 TRIPLE STEPS 1/2 TURN R (X2), BACK R, BACK L, SAILOR STEP R

1&2 1/4 turn R step R to R side, step L beside R, 1/4 turn R walk R (6.00)
3&4 1/4 turn R step L to L side, step R beside L, 1/4 turn R back L (12.00)
5-6 back R, back L
7&8 cross R behind L, step L to L side, step R to R side

SECT.3 TRIPLE STEPS 1/2 TURN L (X2), BACK L, BACK R, SAILOR STEP L

1&2 1/4 turn L step L to L side, step R beside L, 1/4 turn L walk L (6.00)

3&4 1/4 turn L step R to R side, step L beside R, 1/4 turn L back R (12.00)
5-6 back L, back R
7&8 cross L behind R, step R to R side, step L to L side

SECT.4 BIG STEP R TO R SIDE, DRAG L, L HEEL BALL CROSS, BIG STEP L TO L SIDE, DRAG R, R HEEL BALL CROSS

1-2 big step R to R side, drag L beside R (weight on R)
3&4 dig L heel fwd, step L ball in place, cross R over L
5-6 big step L to L side, drag R beside L (weight on L)
7&8 dig R heel fwd, step R ball in place, cross L over R

SECT.5 1/4 TURN L BACK R, 1/4 TURN L WALK L, TRIPLE STEPS R FWD, TRIPLE STEPS L FWD, STEP 1/2 TURN L

1-2 1/4 turn L back R, 1/4 turn L walk L (6.00)
3&4 walk R, walk L beside R, walk R
5&6 walk L, walk R beside L, walk L
7-8 walk R, 1/2 turn L (weight on L) (12.00)

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