

# Be Bob Alula

拍數: 48      牆數: 2      級數: Beginner  
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音樂: Be Bob A Lula (Glee Cast Version) - Glee Cast



Intro : 8 counts

**Sec 1 : Side, behind, side, brush, mirror**

1-2            Step R to right side, step L behind R  
3-4            Step R to right side, brush forward on L  
5-6            Step L to left side, step R behind L  
7-8            Step L to left side, brush forward on R

**Sec 2 : Forward, kick forward, step back, touch back**

1-2            Step forward on R, kick forward on L  
3-4            Step back on L, touch back on R  
5-8            Repeat 1-4

**Sec 3 : Forward diagonal right, forward diagonal left**

1-2            Step forward R to right diagonal, step L next to R  
3-4            Step forward R to right diagonal, touch L next to R  
5-6            Step forward L to left diagonal, step R next to L  
7-8            Step forward L to left diagonal, touch R next to L

**Sec 4 : Back R diagonal, touch, back L diagonal touch**

1-2            Back R to right diagonal, touch L next to R  
3-4            Back L to left diagonal, touch R next to L  
5-8            Repeat 1-4

**Sec 5 : Monterey ¼ R twice**

1-2            Step R to right side, close R turn ¼ R next to L (3:00)  
3-4            Step L to left side, close L next to R  
5-8            Repeat 1-4 (6:00)

**Sec 6 : Twist**

1-8            Twist heels R, L R L, R L R, L

Restart. W2 until 32 counts

Have fun.

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