

Be Bob Alula

拍數: 48 牆數: 2 級數: Beginner
編舞者: Marchy Susilani (HK) - April 2019
音樂: Be Bob A Lula (Glee Cast Version) - Glee Cast



Intro : 8 counts

Sec 1 : Side, behind, side, brush, mirror

1-2 Step R to right side, step L behind R
3-4 Step R to right side, brush forward on L
5-6 Step L to left side, step R behind L
7-8 Step L to left side, brush forward on R

Sec 2 : Forward, kick forward, step back, touch back

1-2 Step forward on R, kick forward on L
3-4 Step back on L, touch back on R
5-8 Repeat 1-4

Sec 3 : Forward diagonal right, forward diagonal left

1-2 Step forward R to right diagonal, step L next to R
3-4 Step forward R to right diagonal, touch L next to R
5-6 Step forward L to left diagonal, step R next to L
7-8 Step forward L to left diagonal, touch R next to L

Sec 4 : Back R diagonal, touch, back L diagonal touch

1-2 Back R to right diagonal, touch L next to R
3-4 Back L to left diagonal, touch R next to L
5-8 Repeat 1-4

Sec 5 : Monterey ¼ R twice

1-2 Step R to right side, close R turn ¼ R next to L (3:00)
3-4 Step L to left side, close L next to R
5-8 Repeat 1-4 (6:00)

Sec 6 : Twist

1-8 Twist heels R, L R L, R L R, L

Restart. W2 until 32 counts

Have fun.
