拍數： 32
墻數： 2
級數：Novice
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音樂：Trouble Is a Friend－Lenka ：（Album Version）

## Intro： 16 Counts．

## SIDE，TOGETHER，SHUFFLE FWD，SIDE，TOGETHER，COASTER STEP

01．Step with right foot to the side．
02．Step with left foot next to the right．
$03 . \quad$ Step forward with right foot．
\＆Step with left foot next to the right．
04．Step forward with right foot．
05．Step with left foot to the side．
06．Step with right foot to the left side．
$07 . \quad$ Step back with left foot．
\＆Step with right foot to the left side．
$08 . \quad$ Step forward with left foot．
＊Here on the wall 4 －Restart the dance．
TURN ¼，CLAP，TURN ½，CLAP，BACK，BACK，COASTER STEP
09．Turn $1 / 4$ to the right with step right in front．（3．00）
10．Clap．
11．Turn $1 / 2$ to the right with left step back．（9．00）
12．Clap．
13．Step back with right foot．
14．Step back with left foot．
15．Step back with right foot．
\＆．Step with left foot next to the right．
16．Step forward with right foot．
STEP，STEP，LOCK STEP，ROCK STEP，SHUFFLE TURN ½
17．Step forward with left foot．
18．Step forward with right foot．
19．Step forward with left foot．
\＆Cross right foot behind the left．
20．Step forward with left foot．
21．Rock front with right foot．
22．Recover weight on left foot．
＊Here on wall 9 we will do the following steps：
23 －Turn $1 / 4$ to the right with right step in front
24 －Left step next to the right．
And Restart the dance．
23．Turn $1 / 4$ to the right with step forward to the right．（12．00）
\＆Step left foot next to the right．
24．Turn $1 / 4$ to the right with step forward to the right．（3．00）
STEP TURNING $1 ⁄ 4$ ，TOUCH，SIDE，TOUCH，WAVE SYNCOPATED，LONG STEP，SLIDE
25．Turn $1 / 4$ to the right with left foot step to the side．（6．00）
26．Touch right foot next to the left．
27．Step right foot to right side．
28．Touch left foot next to the right．

Step with left foot to the side.
\& Cross right foot behind the left.
30. Step with left foot to the side.
\& Cross right foot in over left.
31. Long step with left foot to the side.
32. Drag right foot to the left foot. (weight on left foot)

ENJOY !!!
RESTART: On wall \# 4 do the first 8 counts and Restart the dance.
TAG: In Wall \# 9, make the first 22 counts and do the following:
23 - Turn $1 / 4$ to the right with right step in front.
24 - Left step next to the right.
RESTART THE DANCE

